



*DOC, The Newsletter of  
The Arnold P. Gold Foundation  
A Public Foundation  
Dedicated to Fostering  
Humanism in Medicine  
Spring 2002*

## *Barriers V—Focus on Residents: Problems and Solutions*

In today's teaching hospitals, interns and residents are primarily responsible for patient care. Their demanding work schedules include responsibilities as doctors as well as teachers of medical students. In addition, the burden of financial debt, coupled with modest salaries and family responsibilities, forces newly trained physicians to function under considerable stress in both their professional and personal lives. Increasing media attention on medical errors and staff shortages is revealing the condition of residents to be a pivotal issue in the delivery of healthcare.

To address the experiences of New Jersey's interns and residents, The Arnold P. Gold Foundation convened a symposium entitled: "Overcoming the Barriers to Sustaining Humanism in Medicine: Influencing the Educational Environment of the Residency Experience." It was held March 7–9 at the Renaissance Meadowlands Hotel in Rutherford, NJ. The Healthcare Foundation of New Jersey provided major support for the meeting with additional funding from the Jane B. Barsumian Trust. The 40 participants included program directors and residents from New Jersey and other states, as well as recognized medical education experts and hospital medical affairs leaders. They engaged in brainstorming and problem solving

*(continued on page 6)*

## *We Have Received So Much*

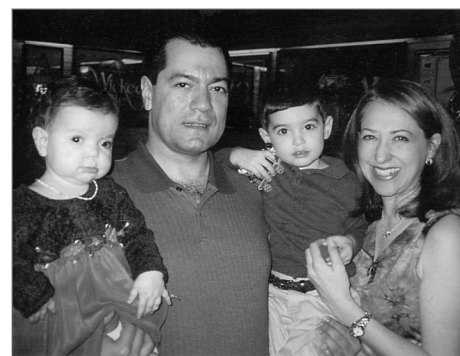
We first noticed that our daughter was developing differently than most when she was three-months-old. Her arms seemed stiff and her eyes did not focus. We anxiously awaited the appointment with our pediatrician. When the doctor confirmed our daughter's abnormalities,

we were disheartened by her lack of concern and empathy.

Our sadness was tremendous and we felt very alone. On our own, we decided to pursue a specialist. We are thankful that our search led us to Dr. Arnold Gold. From the moment we met him we knew that we were in the best hands. We will never forget his attempts to comfort and calm her. He was straightforward, yet sensitive, in discussing Jessica's special needs and in planning for her ongoing treatment.

When I began to cry in his office, he got up, walked around his desk and hugged me. He emphasized that we could call him "day or night" and by the look on his face we knew he meant it. We found he was true to his word, as

on a particularly difficult day he was on the phone within minutes, and his words were comforting, reassuring and understanding.



*Jessica, Dr. Max (father), Oscar and Allison Marcilla*

Our daughter was one-year-old in February. We wanted to celebrate her birthday, and at the same time acknowledge that it had been a challenging year for our family. Dr. Gold and the mission of The Foundation has not only benefited us but has also inspired us. We made Jessica a first birthday party and in lieu of gifts asked our guests to make donations to The Arnold P. Gold Foundation. Our hope was to not only raise money, but to inform others of the goals of this wonderful organization. We wished to give something back when we feel we have received so much. Having a kind and devoted physician involved with our daughter's care has made this very trying experience a bit easier.

*Allison Marcilla, New Jersey*

## *Cherished Docs*

Our newsletter is entitled *DOC*, in recognition of those special doctors referred to with the endearment "Doc." Our *DOC* is an acronym for "Doctors Of Caring" and "Doctors Of Compassion."

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**FEATURES**

## Music for Medicine

The celebrated pianist Jeffrey Siegel performed a program of Beethoven, Bernstein and Copland on May 7. This was the second concert of a *Keyboard Conversations*® benefit series. Gold Foundation supporters enjoyed an entertaining, informative and insightful concert experience at the beautiful new Berrie Center for Performing and Visual Arts, at Ramapo College of New Jersey. We express sincere appreciation to our Foundation Trustees and event co-chairs, Elaine Adler and Angelica Berrie, for planning this delightful series to support Foundation programs which foster humanism in medicine. Listed below are those who helped to make our first concert\* of the series a success:

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Elaine and Myron Adler  
Angelica and Russell Berrie

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*\*The names of new Patrons and Friends for the May 7th concert will be listed in the Fall issue of DOC.*



Jeff Warren  
of Pfizer



Foundation Benefactors:  
Charles Klatskin and Stanley Shirvan



Left to right,  
Eileen Katz  
Wilner,  
Alex Bemporad  
and Angelica  
Berrie

## Our Precious Resource

Philanthropy comes in many forms. One of the most precious gifts in today's busy world is time. Can you spare a day, an hour? Please join our growing group of volunteers helping us to foster humanism in medicine by assisting with general office administration, mailings, record keeping and fundraising. Contact Laura Braff at The Foundation Office (201)567-7999 or lbraff@gold-foundation.org.

Many thanks to our friends who have helped with The Gold Foundation's most recent projects: Mike and Pearl Bergstein, Renee Enker, Marilyn Frankel, Christine and Honor Friberg, Alisa Helfgott, Dayna Helfgott, Ben Israelow, Adelle Krauser, Bernice Leveton, DeDe Levitt, Jayne Lomuscio, Allison Marcilla, Fran Morgens-tern, Sam Negin, Linda Oifer, Marilyn Zaretsky.

## Practicing Philanthropy! Starting Early...

Russell (age 15) and Olivia (13) Adler, Alex and David Kravecás (12), and Michaela (9) and Lucas (7) Mastrangelo dipped into their Hanukah gelt (holiday gift of money) last Hanukah to give our Foundation a very special contribution. The six grandchildren of Myron and Trustee Elaine Adler are already practicing philanthropists, each giving to charity 10% of the \$100 gifts given them by their



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Myron and Elaine Adler

grandparents. We thank them sincerely for their generosity and for selecting The Arnold P. Gold Foundation as recipient. They set such a wonderful example for others to follow.

## GIVING OPPORTUNITIES

**Guardian:** \$25,000 and above

**Patron:** \$10,000 ~ \$24,999

**Benefactor:** \$5,000 ~ \$9,999

**Contributor:** \$1,000 ~ \$4,999

**Donor:** \$500 ~ \$999

**Friend:** up to \$499

## Getting to Know Our Caring Friends

Literally, from The Foundation's conception, Mark Seiden has been pivotal to creating our vital technology support. When The Foundation was in its infancy, Mark volunteered the use of his personal computer resources. He, his wife, Diane and their three young sons, did our mailings. During many memorable "all-nighters," the entire "Seiden family" pitched in by carrying boxes, refilling the copy machine paper trays, stuffing envelopes and, in general, doing everything necessary to get out our newsletters, updates and early solicitation letters. The boys, at a tender age, were patient and good-natured about losing their dining room table and eating pizza for dinner for as long as it took us to get the job done. Mark worked through many a night while I caught a few winks until dawn on their living room couch.

We asked Mark, what prompted his commitment of time, space and money?

"Helping a friend initially. But as I began to understand The Foundation's goals, it became obvious to me that humanism in medicine is an important area in need of support. And I wanted to help to make this happen.

"The way I see it, humanism in medicine is a plus for both the patients and the doctors. At The Foundation, we're encouraging doctors to be what they really are, caring, not cold or disassociated. Patients and their doctors feel more satisfied when they feel connected. For instance, making time to talk to patients is very difficult these days, but the really top



*The Mark Seiden family, above, left to right: Diane, Andrew, Ross, Craig and Mark*

doctors, the 'menchen,' manage to listen to concerns and react in a humane manner.

"In a way, it's a sad commentary on our society and medicine, that there's even a need to emphasize such an essential part of good medical care, but we are dealing with harsh economic pressures and stresses on the profession. I am proud to be part of the impressive successes The Foundation has had in such a short time."

When The Foundation's computers have problems, we call our guru Mark at his company, International Technology Solutions, and the problems are solved. As consultants, this company helps businesses utilize technology to improve business processes, which includes system design, custom programming, data warehousing and infrastructure support. The Gold Foundation has been a fortunate recipient of every one of these expert services and we are very grateful.

Participation as volunteers for The Gold Foundation continues to be a family affair for Mark, Diane and their sons, Ross (age 18), Andrew (age 15) and Craig (age 11). How exciting it was for us to receive a significant contribution from Ross in honor of his Bar Mitzvah, through which he initiated a third generation of Seiden leadership and support, joining his grandparents, Foundation Vice President Norman Seiden and his wife Barbara and Bernard and Lenore Levine. As a Board member, Mark's contributions of talent and resources grow each year. We thank Mark and Diane for their steady commitment and increasing contributions to our shared vision of medicine practiced with true compassion and humanism.

**Sandra O. Gold**  
*Executive Vice President*

## Distinguished Leaders and Advisors

In February, The Board of Trustees of The Arnold P. Gold Foundation elected Michael Sonnenfeldt to the Board and Rachel Naomi Remen, M.D., to The Foundation's Medical and Professional Advisory Council (MPAC). Mr. Sonnenfeldt will finish the term vacated by Leonard Rubin, a long-time Trustee who recently retired from the Board, and happily for us, will remain a valued member of our Investment Committee. The Foundation expresses gratitude and appreciation to Lenny for his many years of dedicated service and commitment to our mission. We are also pleased to announce that Norma Waggoner has resigned as Trustee, in order to



*Michael Sonnenfeldt*



*Rachel Naomi Remen, M.D.*

become Chair of MPAC and Project Director of *The Gold Humanism Honor Society*. The Foundation welcomes Debbie Himmelfarb as Chair of the Board's Committee on Public Relations and Outreach. The professional and dedicated leadership of these outstanding individuals, and indeed of all of our Board, MPAC and Committee members is responsible for the extraordinary growth and success of The

Arnold P. Gold Foundation. To help you get to know our newest members, we include below short biographies of Mr. Sonnenfeldt and Dr. Remen.

Michael Sonnenfeldt, a resident of New York City, is Founder and sole owner of MUUS & Company, a private investment company, founded in June 1998 after the sale of his interest in Emmes & Company, a private New York-based real estate investment group, which developed The Harbor-side Financial Center in Jersey City, NJ. MUUS & Company is focused on financial investments and real estate, and is the controlling shareholder of Solar Outdoor Lighting, Inc., the largest dedicated manufacturer of industrial solar light products. A former Associate  
*(continued on page 5)*



## Programs and Projects

The Gold Foundation creates, develops and replicates 26 diverse programs for: medical students, medical school faculty, administrators, residents and staff at teaching hospitals, and the general public.

**Programs focus on the 4 Rs and 3 Cs:**

<b>R</b> ECOGNITION AND AWARDS	<b>C</b> ONFERENCES
<b>R</b> ITUALS	<b>C</b> ARING HOSPITAL COMMUNITIES
<b>R</b> OLE MODELING OPPORTUNITIES	<b>C</b> URRICULAR CHANGES
<b>R</b> ESearch	

## Update on The Foundation Programs

The programs of The Arnold P. Gold Foundation have expanded dramatically during our 13 year history. Limited space allows only for brief updates. If you would like more detailed information about any of our programs, please visit our website at [www.humanism-in-medicine.org](http://www.humanism-in-medicine.org) or call Ann Bruder at The Foundation office at (201)567-7999.

### Humanism Commencement Awards

Since its beginning in 1991 as The Foundation's first program, the *Humanism Commencement Awards* have been presented to an outstanding faculty member and graduating senior at the Columbia University College of Physicians and Surgeons who best demonstrate clinical excellence and compassion. Our awards are distinctive as most prizes given are for scientific or academic achievement, rather than for superior patient care. In 1998 The Healthcare Foundation of New Jersey (HFNJ) began supporting *Humanism in Medicine Commencement Awards* at schools throughout the country. We are especially pleased to announce that this year we are joining with The HFNJ in co-sponsoring these awards at 82 schools nationally, in addition to those we support at Columbia. Recipients are selected through nomination processes at each school.



### Ethics Nights

At the annual "*Dr. Norbert Goldenberg Ethics Night*" held at Columbia P & S, students heard a thought-provoking talk from a role-model doctor followed by small group discussions over a meal with faculty mentors. Dr. Abigail Zuger was this year's featured speaker. Also at Columbia, students shared thoughts about ethical dilemmas they have faced on the wards at "*The Angie Allis Ethics Night*." At the 2001 annual University of Rochester School of Medicine "*Harold and Dr. Steven Grinspoon Ethics Night*" Dr. Daniel Brock was the guest speaker.

### Student Summer Research Fellowships

In 2002, The Gold Foundation is offering up to 25 fellowships for students wishing to focus their attention on critical health issues facing their communities. The Foundation will expand the scope of its fellowships to include issues related

to cultural competency. The California-based Mellam Family Foundation has provided significant support for these fellowships. Twelve students received fellowships in 2001. These included: Brock Macdonald, Caron Nelsen, Karen Tang, and Dana Lehman at Columbia P&S; Andrew Richter, and Christopher Chinn at Tufts University; Christine Brusato and Radoslaw Bieniek at New Jersey Medical School; Reed Loring Levine and Mark Samuel Eichenbaum at New York University; Deka Jama at Robert Wood Johnson Medical School; and Tyler Murphy at the Medical College of Ohio. Their topics covered such issues as: disparities in breast cancer risk factors among women of African and European descent; and improved end of life care in Newark.

### Student Clinician's Ceremonies

The *Student Clinician's Ceremony (SCC)* provides guidance and support to medical students beginning their clinical hospital rotations. The event seeks to help address the anxiety felt by students meeting their first patients by providing a support system and insight, discussing fears and expectations, and revisiting the oath taken during the *White Coat Ceremony*. At the *SCC*, outstanding residents are recognized through The Gold Foundation's "Humanism and Excellence in Teaching Awards." The awardees, selected by the medical students, have demonstrated strong teaching skills and are role models for compassionate, relationship-centered care. This year's awardees will be profiled on the website of the Accreditation Council for Graduate Medical Education (ACGME), where they will receive national exposure. The *SCC* program is expanding nationwide with more than 20 schools participating in 2002. At this time schools of medicine initiating *SCCs* this year include: the medical schools at the Universities of California at Irvine, Buffalo, Minnesota, Vermont, Meharry, Pennsylvania State and Wright State Universities. Schools continuing the *SCC* program include: Marshall, Tulane, Medical College of Ohio, Columbia

P & S, New Jersey Medical School, Robert Wood Johnson Medical Schools in Piscataway and Camden, The University of Chicago Pritzker School of Medicine, and the medical schools of the Universities of Cincinnati, Iowa, Nevada, and Rochester.

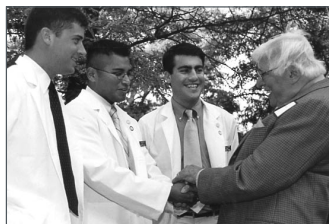
### Faculty and Student Initiated Grants

A limited number of unsolicited grant proposals are accepted each year from faculty and students. A new faculty initiated project is a professorship at Johns Hopkins Medical Center focusing on the facilitation of personal growth during residency. Recent student initiated projects receiving Foundation support include: "Prescribing Books for Kids" in which medical students are reading to young patients in waiting rooms of the pediatric clinic at Albany Medical Center.

### White Coat Ceremonies

The tenth *White Coat Ceremony (WCC)* for beginning medical students at the Columbia University College of Physicians and Surgeons is scheduled for Friday, August 23, 2002. Returning to inspire a new generation of aspiring doctors and the faculty is Dr. Benjamin Carson, the charismatic pediatric neurosurgeon from Johns Hopkins Medical Center, who gave the first unforgettable *WCC* keynote speech at Columbia in 1993. The P & S Class of 2006 will become part of what is now a medical school tradition. Today there are *WCCs* at more than

130 schools of medicine, osteopathy, dentistry, nursing, physical therapy and podiatry throughout the U.S. as well as in several other countries including Canada, China and Israel.



*Arnold P. Gold, M.D., at right, congratulates Thomas Murphy, Edward Garay and Matthew Wolenski at the New Jersey Medical School WCC.*

The *WCC* is designed as a meaningful "rite of passage" which emphasizes the importance of patient care and relationship-centered medical practice. At *WCCs* each year, thousands of new healthcare professionals, from a variety of disciplines, are formally welcomed into their chosen professions with dignity and purpose in the presence of family, friends, faculty and hospital personnel.

### Humanism Day

The Gold Foundation is supporting "Take Time for Health Day" at the Columbia Presbyterian Medical Center and Washington Heights community in New York. The event on June 2 and 3 will feature neighborhood health screenings, family fun and wellness activities for hospital staff and administration. Community health awards will be presented to individuals who have provided outstanding leadership.

**Ann Bruder**

*Director of Programs*

### Distinguished Leaders and Advisors

*(continued from page 3)*

of Goldman Sachs Realty Corp, Mr. Sonnenfeldt serves as a Vice Chairman of Ben Gurion University, Co-Chair of the Strategic Planning Committee of The Synergos Institute, Founding Co-Chair of the Humpty Dumpty Institute and was an early Board Member of The Philanthropic Initiative. He has written for and been the subject of numerous essays and articles, which have appeared in a wide variety of media. He travels extensively and speaks with civic groups and universities on behalf of philanthropy and leadership issues.

Rachel Naomi Remen, M.D., is a clinical professor at the University of California, San Francisco School of Medicine, a founding fellow of the Fetzer Institute and one of the nationally recognized pioneers of the mind-body-health movement. Her articles, poetry, workshops, speaking engagements and television appearances, including Bill Moyers' PBS special "Healing and the Mind" have touched millions of people. Dr. Remen runs one of the first training programs for physicians in relationship-centered care and has had a private practice of psycho-oncology for more than twenty years. The wisdom she has gained from her own personal history of chronic illness as a patient and her experiences as a physician have inspired and helped thousands of people. She resides in Mill Valley, California.

### Did You Know...

*that The Arnold P. Gold Foundation:*

- ♥ supports *White Coat Ceremonies*, a ritual for entering medical students, now established at 130 plus U.S. schools of medicine and osteopathy and in other countries including Canada, China and Israel.
- ♥ provides cash awards which honor more than 120 outstanding residents for "Excellence in Humanism and Teaching" at 20 plus U.S. medical schools at *Student Clinician Ceremonies*.
- ♥ hosts a [www.humanism-in-medicine](http://www.humanism-in-medicine) website featuring: daily inspirational messages, resource centers on "Caring Hospital Communities;" and bibliographies regarding research on related subjects.
- ♥ convenes *national symposia* which address the "Barriers to Sustaining Humanism in Medicine."
- ♥ accepts a number of proposals each year for creative new programs related to humanism in medicine.

## Barriers V – Focus on Residents: Problems and Solutions

*continued from page 1*

activities designed by symposium co-chairs J. Robert Suriano, Ph.D., Professor Emeritus, University of Cincinnati College of Medicine, and Norma E. Wagoner, Ph.D., Chair of The Gold Foundation's Medical and Professional Advisory Council, recently retired Dean of Students and Deputy Dean for Education Strategy at the University of Chicago Pritzker School of Medicine.

patients; insufficient training on end of life care; the need for universally accepted standards of behavior; dealing with the changing expectations of colleagues and patients; and new definitions of professionalism.

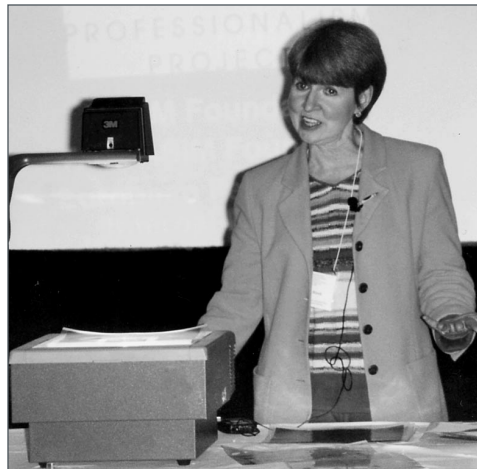
Guest presenters included: Dr. DeWitt (Bud) Baldwin, M.D., Scholar in Residence at the Institute of Ethics at the American Medical Association, who presented preliminary data from his long term study of residents; Linda Blank, Senior Vice President of the American Board of Internal Medicine (ABIM) Foundation, who presented an overview of their new Charter on Professionalism, which has been offered as a



*Robin Dibner, M.D., Associate Chief,  
Department of Medicine, Englewood  
Hospital and Medical Center*



*Barriers V Symposium Co-Chairs: J. Robert Suriano, Ph.D.,  
and Norma E. Wagoner, Ph.D.*



*Linda L. Blank, Senior Vice President of the American  
Board of Internal Medicine Foundation.*



*Rebecca Sullivan, Gold Foundation Special Projects Coordinator, with  
Saint Barnabas residents Michael Straker, M.D. and Leonid Gorelik, M.D.*



*Lester Z. Lieberman (left), Chairman, The Healthcare Foundation of New Jersey,  
with Fred M. Jacobs, M.D., J.D., Executive Vice President of Medical Affairs,  
Saint Barnabas Health Care System.*

Attendees were challenged to recommend programs that would alleviate some of the problems faced by residents. Selected programs will be piloted in New Jersey teaching hospitals and ultimately replicated on a national basis. Dr. Fred Hafferty, Medical Sociologist at the University of Minnesota – Duluth, delivered the keynote address, entitled: "The Importance of Understanding the Hidden Curriculum of Residency Training in Meeting the Needs of Residents." His frank and personal talk stimulated lively discussions about communication problems among hospital caregivers and

model for other specialties; and, Dr. Jerome Lowenstein, professor at New York University School of Medicine, who described the small weekly seminars he created for third-year medical students and residents nearly 25 years ago.

The Foundation's Strategic Planning Committee will review the ideas and suggestions raised at the symposium and, in consultation with representatives from the New Jersey teaching hospitals and medical schools, select appropriate programs to be future Gold Foundation pilot projects.



## 'Academic Medicine' to Publish Top Essays

"The clinical experience that taught me the most" was the subject of *The Arnold P. Gold Foundation Humanism in Medicine 2001 Essay Contest*. Three hundred and fifty-eight entries were received from 109 schools in four countries (Canada, Egypt, Israel, and the U.S.). Our panel of 15 distinguished author-physicians; teachers and other writers donated significant time and energy to reading and rating the essays which were judged on excellence in content and style. The Foundation sincerely thanks all of the judges who had the very difficult task of selecting winners from many outstanding, dramatic and well-written essays.

We are also very pleased that this year the top three essays will first appear in "Academic Medicine," a primary publication of the Association of American Medical Colleges (AAMC). The essays are also being published on The Foundation's website. Lisa Dittrich, Managing Editor of "Academic Medicine" explained that they are seeking to increase the student focused content of their publication and that this essay contest provides a way for our organizations to work together while encouraging medical students to communicate their experiences.

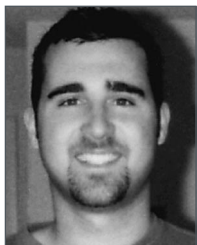
We congratulate the winners, listed below, and extend appreciation to all who took the time to enter the 2001 contest. Notice for the 2002 contest is published on our website: [www.humanism-in-medicine.org](http://www.humanism-in-medicine.org).



Meenakshi Bewtra

**First Prize: \$1,000**  
*Meenakshi Bewtra*, third year, University of Pennsylvania School of Medicine.

**Second Prize: \$500**  
*Walter Coppenrath*, second year, University of California at Los Angeles School of Medicine.



Walter Coppenrath

**Third Prize: \$250**  
*Joleen Falkenburg*, third year, University of South Dakota School of Medicine.



Joleen Falkenburg

**Honorable Mention:**  
*Dipanjani Banerjee*, fourth year, University of Missouri, School of Medicine.

*Nathan Bay*, fourth year, Finch University of Health Sciences, The Chicago Medical School.

*David Edwards*, third year, Duke University School of Medicine.

*Tatiana Grzeszkiewicz*, third year, University of Illinois at Chicago, College of Medicine.

*Jennifer Kearsley*, second year, University of Connecticut, School of Medicine.

*Timothy Lum*, fourth year, University of Rochester School of Medicine and Dentistry.

*Maggie Meadows*, second year, University of Southern California, Keck School of Medicine.

*David Merrill*, fourth year, Harvard Medical School.

*Anshuman Singh*, third year, University of California San Francisco, School of Medicine.

*Rebecca Stetzer*, fourth year, Emory University School of Medicine.

### The Panel of Judges:

*Carola Eisenberg, M.D.; Joan Cusack Handler, Ph.D.; Arlene M. Katz, Ed.D.; Diane Kaufman, M.D.; Barron Lerner, M.D.; Ph.D., Colin Macpherson, M.D.; Sue Mellins; Reverend Daniel Morrissey, OP; Kyle Nash, D.Min.; Sherwin Nuland, M.D.; Alex Okun, M.D.; David Rubin, M.D.; Murray Schwartz, Ph.D.; Marcia Soltes, M.A. and Shelia Woods, M.D.*

**Ann Bruder**  
*Director of Programs*

***Humanism-in-Medicine  
Can Be Your Legacy.  
Plan With Us Now.***

Call The Foundation Office  
at (201) 567-7999.

## On Becoming A Doctor

*Triple lumens and arterial lines  
Ventilators, Dialysis  
Cardiac catheterizations*

*My residency  
The art of technical skill  
Of denying dying  
Of documenting and billing  
Of a ruthless, exhausting war against  
Diseases wrought by human ills*

*Nearly done, a board eligible physician  
In debt, sleep deprived, and cynical.*

*How surprising then,  
In a hospital with no soap  
And two patients per bed  
Among the poor  
The dying young,  
The orphans of HIV*

*A bit of hope  
A refreshing air  
A discovery  
A calling*

*Through long conversations  
Bedside prayer  
And hand holding*

*In the depths of Africa  
The birth of a doctor.*

***Alison Clay, M.D.***

## Write to Us...

Write to us about your good experiences with a doctor who cares for you or a loved one. Tell us about a physician who has touched your life and practices the best medicine: RX = Scientific Competency + Compassion. Send your "Gold Doc" story (500 words or less) to The Foundation office at 619 Palisade Avenue, Englewood Cliffs, NJ 07632 or email: [lbaff@gold-foundation.org](mailto:lbaff@gold-foundation.org). Selected "Gold Doc" stories will appear on The Foundation's website, [www.humanism-in-medicine.org](http://www.humanism-in-medicine.org), and be published in The Foundation's *DOC* newsletter. We will be pleased to also acknowledge your story to your "Gold Doc" by sending him or her a Foundation pin bearing our heart-shaped stethoscope logo and a special thank you letter.

## *First Inductees Join Gold Humanism Honor Society*

Fourteen fourth year medical students, selected by their peers and instructors, were inducted into the newly established national *The Gold Humanism Honor Society (GHHS)* on May 9 at the Robert Wood Johnson Medical School of the University of Medicine and Dentistry of New Jersey (UMDNJ) in New Brunswick. The first inductees were recognized for demonstrated excellence in clinical care, leadership, compassion, and dedication to service.

The students decided to use their Foundation grant to create a special program for ninth graders at the neighboring Health Science Technology High School to encourage interest in healthcare careers by participating with them in activities. The medical students designed interactive scientific exercises and brought along attending physicians to supervise. The program included sessions on microscope skills development, investigation of pig's hearts and bones, "College Bowl" style games, and the presentation of "Gifted Hands," an inspirational book by Dr. Benjamin Carson.

After the modest ceremony, table decorations were donated to a local homeless shelter. Drs. Arnold and Sandra Gold commended the group for choosing to use their prize to help

others, and thanked them for setting a high standard for fellow students to follow.

The *GHHS* received its initial support in 1999 when The Robert Wood Johnson Foundation (RWJF), the nation's largest philanthropy devoted exclusively to health and health care, gave a planning grant to research the value of establishing such an entity. In 2001 the RWJF gave an increased grant to provide for the development of the next phase of the *GHHS* program which includes establishing core leadership and organizational structure. Norma E. Wagoner, Ph.D, newly appointed Chair of The Gold Foundation's Medical and Professional Advisory Council (MPAC), will direct the *GHHS* program with assistance provided by Maureen Strafford, M.D., Gold Foundation Associate Professor of Anesthesiology and Pediatrics at Tufts University, and The Foundation Staff.

We are pleased that the *GHHS* has progressed so quickly since March 2001 when The Foundation convened its fourth national "Barriers" Symposium to explore the subject. For additional information about the *The Gold Humanism Honor Society*, or other Foundation programs, please visit the [www.humanism-in-medicine.org](http://www.humanism-in-medicine.org) website, or call The Foundation office at (201) 567-7999.

***Rebecca Sullivan***  
*Project Consultant*

## *The Arnold P. Gold Foundation*

**619 Palisade Avenue, Englewood Cliffs, New Jersey 07632**

(201)567-7999 · fax (201)567-7880

email: [goldfdtn@gold-foundation.org](mailto:goldfdtn@gold-foundation.org)

website: [www.humanism-in-medicine.org](http://www.humanism-in-medicine.org)

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