



*The Newsletter of  
The Arnold P. Gold Foundation  
A Public Foundation  
Dedicated to Fostering  
Humanism in Medicine  
Thanksgiving 1999*

## *Inspirations from the field*

**“The White Coat—Just an item of clothing!! Yet we endow it with great symbolism and power.**

When I told my mother about this speech, she told me a story that she had never shared with me before. My father was a patient in the hospital where I was a resident. She remembers seeing me walking down the hall towards my father’s room. I was dressed in my white coat with a group of distinguished white-coat-clad attending physicians. She explained that seeing me in my white coat with my teachers was a moment of true understanding – She turned to my father and said, ‘Maureen is really a doctor!’ I wonder if she realized I had also probably slept in the white coat the night before on call!”

**Maureen A. Strafford, M.D.**

*Associate Professor of Anesthesiology and Pediatrics, Tufts University, White Coat Ceremony Keynote Speech, September 1999*

“...I am... a member of my school’s admissions committee and feel extremely privileged to have been invited to this meeting. The symposium [‘Challenging the barriers to sustaining humanism in medicine—Focus on the medical school selection process’], made me realize that the



*Members of the Mercer University School of Medicine, Class of 2003, recite the Oath of Geneva during the School’s August 8, 1999 White Coat Ceremony in Macon, Georgia.*

qualities I look for in my physicians are patience, sincerity and appreciation of life and who want to share that with their patients. While many medical situations are stressful, one should still be able to sense, in their medical encounter, that the physician is truly present with them and, above all, cares about them, not as part of the bottom line but as a person. My husband is a faculty physician and works with students and residents daily. I gave him my ‘Humanism in Medicine’ pin and he is honored to wear it.”

**Mary B.W. Fenton**

*Assistant Dean, Saint Louis University School of Medicine, June 1998*

“We can’t thank you enough for your support and assistance in making the Student Clinician Ceremony a reality. The MSIII students have expressed to me how meaningful the evening was, and how honored they felt to have something so impressive planned solely for them. In addition, the honored residents thanked us profusely for their awards. ‘It made my year,’ said one of the selected interns.”

**Nuala Jennings**

*On behalf of the Committee for the third year students orientation, University of Chicago Pritzker School of Medicine, June 1999*

## *The Proverbial Last Straw!*

It was a proverbial “last straw” that brought us to Dr. Arnold Gold’s office, in 1995. A few days before our son Anthony was to become a first grader, he rushed towards me and the force of his impact knocked me against a wall in our house, driving my hand into the skin of my face, narrowly missing my eye.

This was only the latest in a number of physical “accidents” in which he hurt me, and for which he would later apologize.

Anthony had been discharged from two child-care centers by age four, not for aggression but for not listening to the teacher and/or being uncooperative. His behavior at home was even worse and my husband, Rick, and I couldn’t understand what caused these outbursts.



*Anthony’s dad, Rick, Anthony, and his mom, Susan at home.*

Although Anthony had graduated from kindergarten in May, and was expected to enter first grade, his behavior since then had seriously deteriorated. Anthony’s expulsion from summer day camp was a huge blow to him and to us.

Dr. Laura Brent, our devoted psychologist, provided invaluable guidance in helping us get through each week with this difficult young child. Extended family gatherings, where frequently Anthony was the only youngster present, were the worst situations and his behavior would often flare up.

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♥ **Eleven Golden Years 6&7**

**FEATURES**

## Expanding the Commitment

Since 1988, our organization and our programs have grown and flourished. We now work cooperatively with deans and their associates at more than 85% of American schools of medicine and osteopathy.

Two quotations continue to inspire The Arnold P. Gold Foundation staff and trustees. The first historic sentiment mirrors the philosophy and concern for the patient that we at The Gold Foundation seek to foster:



*“One of the essential qualities of the clinician is interest in humanity, for the secret of the care of the patient is in caring for the patient.”*

Francis W. Peabody, M.D.

The other quote is by the great anthropologist Margaret Mead: *“Never doubt that a small group of dedicated citizens can change the world, indeed, it is the only thing that ever has.”*

1999 marked the beginning of an exciting new decade for The Arnold P. Gold Foundation. Our strategic plan emphasizes humanism in medical education, focusing on improving the residency experience for young doctors, and promotes replicable models of caring hospital communities so that humanistic practitioners will have receptive environments in which to work.

A featured lecture at the national meeting of the Association of American Medical Colleges (AAMC) in Washington, D.C. on October 24 was devoted to “Humanism and Medicine.” This first annual Arnold P. Gold Foundation lecture, titled “The Intersection of Science and the Soul,” was delivered by the distinguished writer and physician, Jerome Groopman, M.D., Recanati Professor of Immunology at Harvard Medical School and Chief of Experimental Medicine at Beth Israel Deaconess Medical Center in Boston. His inspiring address celebrated a series of articles published this year by the prestigious journal *Academic Medicine*. We thank the Healthcare Foundation of New Jersey for underwriting this lecture and reception.

It is clear from the overflow audience at Dr. Groopman’s lecture that our message—that humanism in medicine must be reemphasized at all levels in health care—is resonating throughout the health professions.

This attention is due, in large part, to the special group of medical school deans who have championed humanism and implemented our programs. Their enthusiastic cooperation and involvement is ultimately

responsible for the rapid expansion of The Arnold P. Gold Foundation’s programs. We are greatly encouraged by their collaboration and express our gratitude for their active interest, advice and wisdom as we work together to develop effective and useful tools to foster humanism in medicine.

Another group deserving credit for the success of our programs is *you*, our donors. Each dollar contributed to The Gold Foundation furthers our mission. Our programs reach out to more individuals in the health care professions than ever before. The Foundation especially thanks our new **Golden Circle** members, contributors who give an additional \$25,000 or more in any given year, and we look forward to welcoming new members.

Our varied programs now address all levels of medical education from pre-medical students through the residency years. And through the *Humanism in Medicine* web site we are expanding our network internationally to all who are interested in this subject.

Proudly, we announce that the Robert Wood Johnson Foundation, America’s largest health care philanthropy, has awarded us a new grant in 1999. It will support research and consideration of a national humanism honor society which will help to identify and recognize those medical students who demonstrate outstanding qualities associated with humanism in medicine, as well as excellence in scientific achievement.

We are also encouraged by the following message to us from Reed Tuckson, M.D., Senior Vice President for Professional Standards at the AMA. He suggested we tell students that:

*“...this is still the finest profession, but our values are being threatened every day. Do not be dismayed and stay the course. The physician-patient relationship is the context around which these values are expressed.”*

We believe the mission of fostering humanism in medicine has captured the attention of the nation – let’s keep the spotlight on and help our young doctors stay the course.

May you and yours have a very healthy and happy holiday season,



Arnold and Sandra Gold



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## Holiday Gifts

The perfect Christmas or Chanukah present for that hard-to-choose-a-gift-for-person.

Make a contribution to The Arnold P. Gold Foundation in their honor, and we will acknowledge it with a beautifully designed greeting card.

## Where the Foundation Money Goes

More than \$675,000 in grants awarded in 1999 for:

- § One hundred and four White Coat Ceremonies at U.S. schools of medicine and osteopathy, plus at all four schools of medicine in Israel, involving more than 15,000 entering medical students as well as their families this year.
- § A new humanism curriculum designed for interns and residents being piloted at Columbia University College of Physicians & Surgeons, the University of Chicago Pritzker School of Medicine and Harvard Medical School.
- § The Student Clinician's Ceremony, a transitional ceremony for third year medical students as they enter the clinical phase of their education, which features special awards to residents for excellence in teaching and being humanistic mentor role-models for medical students.
- § Research and development of an on-line resource center for "Caring Hospital Communities," supported by the Healthcare Foundation of New Jersey.
- § An initiative to establish a national humanism honor society recognizing medical students for outstanding compassionate patient care supported by The Robert Wood Johnson Foundation.

- § Student and faculty initiated projects, such as Ethics Night programs and lectures on varied subjects at several medical schools.
- § A year-long "Humanism and Medicine" series of articles in the national journal *Academic Medicine*.
- § Commencement Awards at the College of Physicians & Surgeons at Columbia University for an outstanding faculty member and graduating student demonstrating excellence in science and compassionate patient care.
- § [www.humanism-in-medicine.org](http://www.humanism-in-medicine.org), our dynamic web site, supported by the Healthcare Foundation of New Jersey.
- § Five Assistant/Associate Professorships at the Columbia University College of Physicians & Surgeons awarded to outstanding teacher-role models.
- § Five Home Visit Programs for resident training being piloted in Virginia, New York City and Newark, NJ.
- § Fourteen Student Summer Research Fellowships to explore community health issues for medical students at seven U.S. medical schools.
- § Continuing research studies, professional presentations, and articles on students' attitudes toward humanism.

## The Proverbial Last Straw!

(continued from page 1)

The fact that he had tested as very bright at three years old made his refusal to follow instructions and his inability to get everyday tasks finished very difficult for us to understand.

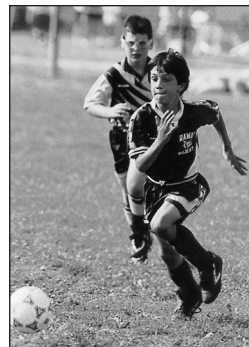
Shortly after these events, we asked Dr. Brent about testing Anthony for Attention Deficit Disorder, the only diagnosis that seemed a reasonable explanation for his behavior. She then referred us to Dr. Gold. His subsequent diagnosis included Attention Deficit Hyperactivity Disorder (ADHD) and Oppositional Defiant Disorder (ODD).

Dr. Gold recommended several major changes, including a year's delay in the start of first grade, a combination of medication, behavioral therapy and parental counseling, known as the "multimodal approach." (It involves close communication with the school system.) As a result, Anthony's behavior improved dramatically.

We were not seeing full-scale rages and tantrums everyday although they still occurred. While there were frequent setbacks, improvements in emotional

maturity overall were being gained an inch or even a millimeter at a time.

Dr. Gold headed the excellent clinical team that helped to save our son. His plan was implemented with the support of another critical team member, a patient and loving college student named Sara Moore, who worked with us for four years, as a nanny and a tutor.



Anthony Lepre in action at a soccer tournament last August.

I am happy to report that four years later, a child who entered school a year late and who received very few invitations to birthday parties that first year in elementary school, recently celebrated his tenth birthday with 17 classmates. There have been many wonderful milestones for Anthony. In the Spring of 1998 he was selected to enter the gifted program in our school district, one of only ten children from approximately 150 eligible students. At the end of third grade, Anthony was honored with

others as a recipient of the "President's Award." In June of 1999, he was accepted on a "traveling" soccer team, a major personal accomplishment for him.

His capacity to excel in sports was made possible because of his new ability to listen and to follow instructions. Anthony has had the opportunity to become connected with his peers, his teammates and his family thanks to personalized treatment. We thank the entire compassionate and attentive team and especially its leader, Dr. Arnold Gold.

Susan Lepre, Ph.D.

## DOC's Angels

This issue of DOC is made possible by the support of:

Milton and Shirley Gralla

Thomas Moore and  
Judith Livingston Moore

Norman and Barbara Seiden

Stanley and Sylvia Shirvan

## Our Foundation Programs On the Move!

### Clowning in Russia with Patch Adams



Amy Auslander, left, and Xochitl Olmos, right, pictured with Vicki White, Gold Foundation Director of Programs, in costume prior to their trip to Russia to "clown around" with Patch Adams, M.D.

To acquire an overview of medicine and social services in the former Soviet Union, The Gold Foundation sponsored two medical students to accompany Patch Adams, M.D. to Russia in November. Donning clown costumes and assuming special new personalities for the project, Amy Auslander and Xochitl Olmos, third year medical students at Columbia University's College of Physicians & Surgeons, "made friends" in orphanages and hospitals in Moscow and St. Petersburg.

The two students, both of whom have provided leadership for The Foundation's humanism in medicine web site for nearly two years, kept journals about the trip to post on *The Big Picture*...*Daily Message* portion of the web site. Amy's trip was underwritten by funds raised at a special event last Spring, hosted by The Foundation's new Associates Committee, a group of dynamic young individuals interested in our mission.

### Supporting the Compassionate Practice of Medicine

A goal of The Gold Foundation is to encourage students to create programs and activities that support the compassionate practice of medicine. At Columbia, the student managed P&S Club received Foundation support for a new event for second year students, designed to reinforce the values of compassion and humanism emphasized at first year orientation in the White Coat Ceremony. To promote teamwork, trust,

communication skills, creative problem-solving and self-challenge, the class leadership invited the entire second year class to an outdoor environment away from the classroom for one day.

### From Book to Bedside

Student Clinician's Ceremonies (SCC), the new student-generated transitional program for beginning third year students, was piloted again this summer at five medical schools for a second year. The orientation programs—preparing students for the move from book to bedside—are being evaluated and the checklist for future replication of the SCC ceremony is being written. Representatives from several additional medical schools have contacted us about participating in the program next summer.



Pictured from left, with Drs. Arnold Gold and Sandra Gold at the University of Iowa 1999 Student Clinician's Ceremony, are resident awardees Drs. Stephanie Powell, (the Golds), Alan Hilgerson, Leslie Webster and Michael Napierkowski.

### Encouraging Respect for Diversity and Communication

Pediatric residents at New York's Montefiore Medical Center, under the guidance of Dr. Alex Okun, Associate Professor of Clinical Pediatrics at the Albert Einstein College of Medicine, have joined our Home Visit Program. Other participant schools are the Dr. Jacob Handler program at Columbia, the New Jersey Medical School and the University of Virginia, where Dr. Leigh Donowitz initiated the program.

The goals of the Home Visit Program include sensitizing residents to their often culturally diverse clinic patients, providing underserved families with personalized medical service by a team of experts, and encouraging communications between residents and their mentor role-models.

### Hands-on Participation and Investigation

Fourteen students at seven U.S. medical schools received grants to spend this past summer exploring a wide variety of public health issues. These students, selected by their deans, work closely with faculty mentors on projects designed to continue when the fellowships end.

Our Foundation's Summer Research Fellowships differ from most grants made available to medical students in that they support hands-on participation and investigation into community health, rather than basic laboratory research.

This year the medical schools at St. Louis, NYU and Tufts Universities were added to four other schools as recipients of these unique research fellowships.

Adina Israel at the University of Chicago conducted focus groups to learn more about the attitudes and beliefs of African-American men with HIV and AIDS in hopes of learning ways to increase patient compliance in often complex medical treatments.

At Cornell's Weill College of Medicine, Veronica Meneses and Zephaniah Okeke shared a fellowship on a continuing project geared to educate and prepare minority high school students interested in studying medicine.

Among the four students at Columbia University College of Physicians & Surgeons was Elizabeth Munro, who was awarded the 1999 Helen and Fred Waldorf Fellowship. Her project was, "Factors mediating medical adherence in HIV-infected children."

The other 1999 participants included: Holly Campbell, Renuka Jain and Gregory Vipond at Columbia; Persephone Jones and Denise Martin at the New Jersey Medical School; Elena Rios and Martina Smit at New York University; Catherine Keefe at St. Louis University and Jeffrey Polgar and Atena Rosak at Tufts University.

**Victoria B. White**  
Director of Programs

## Correspondence From Cyberspace

“I’m happy to find this site! I think the relationship between doc and patient is basic for the healing process. I wish to learn something more with you. Thanks.”

*L. (Medical student) from Brazil*

“I am a first year medical student and I have to say that at the start of the white coat ceremony I thought that it was a pretty hokey and downright self-aggrandizing ordeal. After all, there is no ‘gavel ceremony’ for students entering law school or ‘gear ceremony’ for engineering students. That’s not to say that I didn’t enjoy the program. Our speaker has left an indelible mark on me as well as my family and fiance’s heart. What I didn’t realize at the time was how soon we would be ‘playing doctor.’ Just a few weeks later we started our preceptorship. Looking back (not too far back at that) I realize now that the beginning of first year really is the beginning of our medical careers and a ceremony is an excellent way to mark such a milestone. Thank you.”

*A. from the USA*

“It is heartening to know that empathy (which I have been using for almost 20 years as a medical doctor) has finally found its rightful place and will be taught in medical schools. My sincerest thanks to all of you who have made this possible.”

*Dr. S. from Malaysia*

## THE ARNOLD P. GOLD FOUNDATION



To Forum



To Bulletin Board



FAQ – First Time Forum Users



FAQ – First Time Bulletin Board Users



Forum Archives

Join our conversations at: [www.humanism-in-medicine.org](http://www.humanism-in-medicine.org) every day! The Forum is open from 6:00 pm to 4:00 am (EST). Post any topic on The Bulletin Board, 24 hours a day. This is where you can make your opinions known.

## Heartfelt Thanks

♥ Jeni Arnold, Foundation Trustee, for obtaining a spectacular Judith Lieber original evening purse to help with Foundation fund raising.

♥ Herman Aronson and Aronson Communications Marketing for helping our communications to be professional, interesting and visually pleasing. You give us the competitive edge.

♥ Angelica Berrie, Trustee and Chairperson of our Fund Raising Committee and her husband Russ, gracious hosts of The Foundation’s exceptional dinner/musicale, allowing us to thank our current supporters and gain new ones.

♥ Rita Charon, M.D., Ph.D., for creating and facilitating the “Humanism and Medicine” series in *Academic Medicine* and the first AAMC lecture on humanism and medicine.

♥ Carol Dickert of Premiere Solutions for her tireless support, creative ideas and extra time expended on our humanism in medicine web site.

♥ Ivy Fairchild and Eva Matos for organizing the subjects to be painted by Dr. Wilma Siegel for kites which will fly in the Presbyterian Medical Center

Energy Court, filling it with the energy of the Medical Center’s community.

♥ Shirley and Milton Gralla for providing the challenge grant, leadership and expertise that made possible four editions of *DOC* this year.

♥ Jerome Groopman, M.D., for delivering an amazing lecture on “The Intersection of Science and the Soul” to an overflow crowd at the AAMC national meeting.

♥ Brett Harris, attorney at Wilentz, Goldman and Spitzer for her belief in our mission, and her generous contribution of service as our legal advisor.

♥ Debbie Himmelfarb for her expertise in creating our new brochure and marketing materials.

♥ David Jurist of Tanagraphics, an outstanding New York City printing company, for help in producing our new brochure.

♥ Hilde Schonfeld, devoted volunteer who diligently, skillfully and with infectious pleasant humor does any job set before her!

♥ Jeffrey Siegel, piano virtuoso, for contributing his extraordinary talents for the benefit of The Foundation.

♥ Linda Sterling whose work on *The Big Picture...Daily Message* brings historical fact to the first hundred paintings in our on-line gallery.

♥ Jeffrey Szmulewicz, Director for Biomedical Communications, Audio Visual Services at Columbia University, for always getting us the right people to get the job done and treating us like “family.”

♥ U.S. Trust Company and Foundation Trustee Barry Waldorf for providing a beautiful space and supper for the Associates Committee this past summer.

## Special Congratulations to:

Steven Z. Miller, M.D., on his promotion as The Arnold P. Gold Foundation Associate Professor of Clinical Pediatrics at Columbia University College of Physicians and Surgeons.

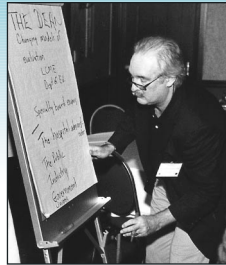
# 1988~1999: Elec



**11** White Coat Ceremony at New Jersey Medical School, Newark, NJ, August 1994.



**4** Dr. Abbie Knowlton and Dr. Mignon Loh, 1991 winners of the Columbia P&S Commencement Awards.



**34** Fred Hafferty, Ph.D., at "Barriers II" symposium.



**34** Dean Lawrence Wood, M.D., Rita Charon, M.D., Steven Z. Miller, M.D., and Paul Helft, M.D., at "Barriers II" symposium.



**40** Foundation Vice President Norman Seiden with Dr. June E. Osborn, President of the Josiah Macy, Jr. Foundation at the Berrie dinner/musale, June 1995.



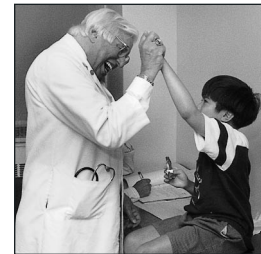
**41** Arnold P. Gold, M.D., Dean Herbert Pardes, M.D., and Sandra Gold, Ed.D., at the presentation of the Dean's Award at Columbia.



**30** Dr. John M. Driscoll with Alan Handler, Ph.D., at Columbia P&S Home Visit bags presentation.



Resident Dr. William Burke, Columbia Department of OB/GYN, receives award at Student Clinician's Ceremony, June 1999.



Dr. Gold and an exuberant patient.



**47** Resident's Award pin given as part of the Student Clinician's Ceremony.



**21** Dr. Leigh Donowitz, co with Sandra Gold.

- '88  
**1** The Arnold P. Gold Foundation incorporated October 2.
- '89  
**2** First Professorship grant given to P&S toward an endowed chair in honor of Edgar Leifer as an excellent role model.
- '90  
**3** Mission articulated: to foster humanism in medicine.
- '91  
**4** Commencement Awards at Columbia P&S for a faculty role model and graduating senior for demonstrating excellence in both scientific achievement and compassionate patient care.
- '92  
**5** Foundation computer database created.
- '93  
**6** First White Coat Ceremony (WCC) and project evaluation at Columbia P&S.

- 7** First Assistant Professorships at Columbia P&S to three outstanding young faculty member role models.
- 8** Student initiated programs established at Columbia P&S.
- 9** First *DOC* newsletter published.
- 10** Honorary and Memorial funds established.
- '94  
**11** WCCs added at the two NJ schools of medicine.
- 12** Student Summer Research Fellowships established at Columbia P&S.
- 13** Research project into students' attitudes toward humanism initiated.
- 14** Special film and video training projects funded.
- 15** Foundation Board membership increased to 21.
- 16** First full-time staff administrator hired.
- 17** First annual Russell and Angelica Berrie dinner/musale.
- 18** Bequest program established.

- '95  
**19** WCCs initiated at five new medical schools (*total eight*).
- 20** Humanism research study expands and involves more than 2,200 entering students from 18 medical schools.
- 21** Home Visit Program for training pediatric residents funded at the University of Virginia.
- 22** Association of American Medical Colleges (AAMC) national conference presentation on WCC.
- 23** Arnold and Sandra Gold attend Bankers Trust first "Wealth and Responsibility" conference.
- 24** First theater benefit.
- '96  
**25** First Board Strategic Planning Committee convened.
- 26** First symposium co-hosted with Dean Herbert Pardes, M.D., and Columbia University to explore "Barriers to sustaining humanism in medicine."

- 27** WCCs initiated at more than 40 new U.S. schools.
- 28** Humanism research involves 4,245 entering students at 36 schools.
- 29** Summer Research Fellowships added at four new schools.
- 30** Home Visit Program expanded from rural to urban settings in New York City and Newark, NJ.
- 31** Foundation received first major grant from The Robert Wood Johnson (RWJ) Foundation to advocate nationally for WCC program.
- 32** WCC Presentation made at AAMC Western Regional meeting.
- '97  
**33** Eighty schools in the United States and Israel have WCCs.
- 34** Challenging the "Barriers II" symposium co-hosted with Dean Norma Wagoner, Ph.D., and the University of Chicago.
- 35** New Associate Professorships awarded (*total four*).

# Even Golden Years



**24** Dean Linda Lewis, M.D., at Foundation theater benefit.



**66** Piano virtuoso Jeffrey Siegel entertains Foundation friends at the sixth annual Berrie dinner/musical.



**17** Angelica and Russ Berrie, hosts of our annual dinner/musical welcoming guests.



**69** Paul Saltzer and Jeni Arnold at an Associates Committee event.



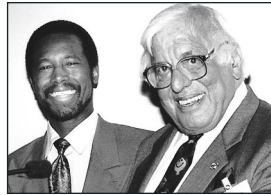
**60** The Golds with friend Patch Adams, M.D.



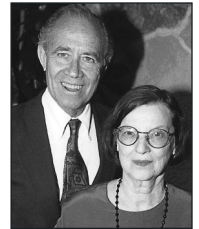
**21** A pediatric resident examining a young patient as part of the University of Virginia's Home Visit Program, 1996.



**57** Rita Charon, M.D., Ph.D., Shimon Glick, M.D., of Ben Gurion University, Israel, and Jerome Groopman, M.D., at AAMC national meeting.



**11** Lynne Klatskin cloaking at the White Coat Ceremony at Robert Wood Johnson Medical School, 1994.



**25** Dr. Robert B. Mellins, Chairman of The Foundation's Strategic Planning Committee and his wife, Susan Mellins.

- 36** Home Visit Program in Virginia expands to include internal medicine residents.
- 37** On-line student initiated conference supported at UCLA.
- 38** The Arnold P. Gold Foundation gets national press attention (*Parade Magazine*).
- 39** The Healthcare Foundation of New Jersey (HFNJ) funds development of web site.
- 40** Josiah Macy, Jr. Foundation supports symposium.
- 41** The Arnold P. Gold Foundation received prestigious Dean's Award at Columbia University.
- 42** Second grant received from The Robert Wood Johnson Foundation.
- 43** Student and Faculty initiated programs expanded.
- 44** WCCs at 92 American schools of medicine and osteopathy plus three in Israel.
- 45** Humanism in medicine web site debuts July 1.

- 46** "Barriers III" symposium co-hosted by Dean Norma Wagoner, Ph.D., and the University of Chicago, addresses medical school selection process.
- 47** New transitional ceremony, the Student Clinician's Ceremony (SCC), pilot program for incoming third year medical students initiated at five schools.
- 48** Humanism in Medical School Curricula Resource Center goes on-line.
- 49** Traveling Fellows, Drs. Steven Miller and Richard Sarkin, conduct humanism workshops in the field.
- 50** New humanism curriculum pilot planned at Harvard, Chicago and Columbia for residents.
- 51** Five Associate/Assistant Professorship grants supported.
- 52** Eleven Summer Fellowships awarded.
- 53** Foundation staff expanded to two full-time and one regular part-time professionals to work with Executive Vice President.

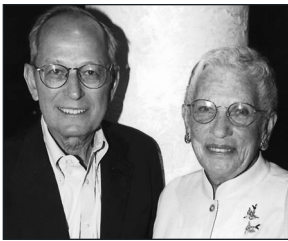
- 54** Foundation programs at 85% of 145 U.S. schools of medicine and osteopathy and 100% in Israel.
- 55** Quarterly *DOC* newsletters begin, sponsored by Foundation Angels.
- 56** Humanism and Medicine series published in *Academic Medicine* journal.
- 57** First annual Gold Foundation "Humanism and Medicine" lecture, delivered by Dr. Jerome Groopman at AAMC national meeting.
- 58** Caring Hospital Community project research begins, supported by the HFNJ.
- 59** Humanism Day at Columbia planning begins.
- 60** Patch Adams, M.D., and Drs. Arnold and Sandra Gold begin collaboration.
- 61** The Golden Circle donor category established.
- 62** Compassion in Medicine Campaign planning begins.
- 63** Humanism in medicine essay contest for medical students established.

- 64** Arnold and Sandra Gold appointed consultants to The Russell and Angelica Berrie Center for Humanistic Care at Englewood Hospital Medical Center.
- 65** Arnold P. Gold, M.D., is recipient of Columbia P&S Distinguished Service Award and appointed to the Board of the American Medical Association (AMA) Foundation.
- 66** Sixth annual Berrie dinner/musical enjoyed by more than 100 guests.
- 67** New grant from RWJ Foundation for research and creation of Humanism in Medicine honor society for medical students.
- 68** Presentation at Northeast Group on Student Affairs conference on proceedings from medical school selection process, "Barriers III" symposium.
- 69** Associates Committee established for young leaders who support The Foundation's mission.

## “Get On Board and Help Us!”

Following the death of a good friend who struggled with cancer “in the hands of a cold scientific group of doctors,” William Lippman was motivated to get involved with our Foundation. As a Trustee and Chairman of our Investment Committee for many years, he feels a sense of achievement, pride and pleasure in seeing The Foundation’s growth.

Bill brings many years of expertise as Senior Vice President of Franklin Resources, Inc. and Franklin Advisors, Inc., and President and Director of Franklin Managed Trust, to leading the committee which monitors The Foundation’s investments.



*William and Doris Lippman.*

He believes he has been fortunate to be able to participate in the work of fostering humanism in medicine and encour-

ages his friends and family to also participate. Daughter Debbie Himmel-farb’s active volunteerism with us is an indication of his success as an advocate for our work.

Bill’s vision for The Foundation’s future is to see that it continues to promote even more programs that emphasize humanism in medical services. “Fostering compassion is valuable,” he says and hopes that more people will “get on board and help us” as “there is more work to be done.”

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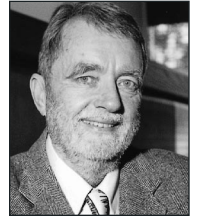


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 \$25,000 or more in any one year.*

## New Opportunities for Leadership

To help our Trustees chart The Foundation’s future, the Board recently authorized the creation of two new advisory entities: a Leadership Cabinet and a Professional Advisory Council. Charter members of the Leadership Cabinet include philanthropist and former senior partner at Deloitte & Touche, Robert Berkowitz, and attorney Brett Harris of Wilentz, Goldman & Spitzer. Rita Charon, M.D., Ph.D., Professor of Clinical Medicine, Columbia University College of Physicians & Surgeons, and author John Stone, M.D., Associate Dean for Admissions and Professor of Cardiology, Emory University School of Medicine, are Charter Members of the Professional Advisory Council. The individuals who are invited to join these two groups possess abilities and knowledge in diverse fields. They will help us to set priorities and to best direct our resources as we move into the 21st century. We are excited to have this opportunity to attract the participation of such talented experts who share with us a commitment to fostering humanism in medicine.



*John Stone, M.D.*

## Nine Years of Commencement Award Winners ~ Where They Are Today

Recipients of Commencement Awards presented annually since 1991 at Columbia University College of Physicians & Surgeons for excellence in science and compassionate patient care to an outstanding faculty mentor and graduating senior.

- 1999** *Barbara Barlow, M.D.*, Professor of Clinical Surgery and Director of Pediatric Surgical Services at Harlem Hospital, and *Marla Catherine Mikelait, M.D.*, Class of '99, Post Graduate Year 1, Pediatrics, Children’s Hospital of Philadelphia.
- 1998** *Rafael Lantigua, M.D.*, Professor of Clinical Medicine, and *Joshua Gibson, M.D.*, Class of '98, Post Graduate Year 2, Psychiatry, University of California, San Francisco.
- 1997** *Edgar Housepian, M.D.*, Professor Emeritus of Clinical Neurological Surgery, Special Lecturer and Dean for International Affiliations, and *Ellen Kelly Ritchie, M.D.*, Class of '97, Post Graduate Year 3, Internal Medicine, Columbia Presbyterian Medical Center.
- 1996** *Joseph Tenenbaum, M.D.*, Leifer Clinical Professor and Vice Chairman of Medicine, and *Susan Swick, M.D.*, Class of '96, Post Graduate Year 4, Psychiatry, Columbia Presbyterian Medical Center.
- 1995** *John N. Schullinger, M.D.*, Professor Emeritus in Clinical Surgery and Special Lecturer, and *Jeffrey Green Chipman, M.D.*, Class of '95, Chief Resident, General Surgery, University of Arizona.
- 1994** *Edgar Leifer, M.D.*, Professor Emeritus of Clinical Medicine and Special Lecturer, and *Raymond Haroun, M.D.*, Class of '94, Post Graduate Year 6, Neurosurgery, Johns Hopkins Medical Center.
- 1993** *John M. Driscoll, M.D.*, Carpentier Professor and Chairman of Pediatrics, and *Sarah Ricketts, M.D.*, Class of '93, Assistant Professor of Psychiatry, Dartmouth Medical School.
- 1992** *James Francis Hammill, M.D.*, Professor Emeritus of Clinical Neurology and Special Lecturer, and *Adrienne Wallace Carmack, M.D.*, Class of '92, completed Pediatrics Residency, married P & S classmate and is mother of five in Texas.
- 1991** *Abbie Knowlton, M.D.*, Clinical Professor of Medicine (deceased), and *Mignon Loh, M.D.*, Class of '91, Instructor in Pediatrics, Hematology and Oncology, University of California, San Francisco.





## Giving to The Arnold P. Gold Foundation

There are several ways to make a financial contribution to The Foundation. The easiest way is through outright gifts that will benefit us immediately. Donations of this type can be made through cash or check or through a gift of appreciated property, such as real estate or securities. Many charitable gifts may be deducted from your income taxes, however, you should contact your tax planning or legal advisor for advice about your particular situation.

All contributions are appropriately recognized with appreciation! Please join the hundreds of individuals, corporations and foundations who have become supporters of The Arnold P. Gold Foundation.

## With Special Thanks

We would like to extend our appreciation to all the dedicated individuals who volunteer their time and energy to The Foundation. Thank you to volunteers Jonathan Aronson, Brian Benson and Amelia Gold, Frank Bernardo, Marzena Duda, Christopher Gamblee-Wallendjack, Usha Okoli, Paul Saltzer, Hilde Schonfeld, Dara and Jeffrey Silver, Rob Singer, Serap Thomas and Judith Vogel for helping our office to run smoothly; to interns Daniel Huberman and Margot Eves, for all of their program support; and to the Board of Trustees, who help us further our mission. The support and commitment of many individuals is vital to the role of The Foundation in fostering humanism in medicine.

# IN APPRECIATION

THANKSGIVING – 1999

The hundreds of individuals and organizations who made contributions to The Arnold P. Gold Foundation between November 11, 1998 and November 1, 1999 have expanded our ability to foster humanism in medicine through the support of 18 diverse and innovative programs and projects now reaching more than 18,000 new and future doctors each year.

We are particularly grateful to The Russell Berrie Foundation, The Robert Wood Johnson Foundation, The Healthcare Foundation of New Jersey, The Tow Foundation, The Mellam Foundation and The Chait Foundation for their grants. The continued support from many devoted individuals and families, as well as those who increased their contributions, is also acknowledged with great appreciation.

The Board of Trustees of The Arnold P. Gold Foundation sincerely thanks all donors for making possible the growth of programs which nurture the tradition of the caring doctor. All contributions, of whatever size, are gratefully accepted and may be sent to The Arnold P. Gold Foundation, 260 Lincoln Street, Englewood, New Jersey 07631.

Special honorary and memorial gifts create a living legacy of humanism and compassion in medicine for future generations. For information about establishing a specific named fund of The Arnold P. Gold Foundation, please contact The Foundation office.

The following funds were created with gifts in honor and memory of loved ones:

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## Bequests...Planned Giving

Several Foundation friends have already made their wishes known to us and these planned gifts will help to ensure humanism in medicine for decades to come. We would be delighted to welcome you as a member of this group and recognize your intentions. Please contact Sandra Gold at (201) 567-4930 to add your name to our growing list.

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*Honor: Sandra Gold's Birthday*

Dov and Iris Moskowitz

Ronald and Barbara Lee Moskowitz  
*Honor: Joanthan Aronson*

James and Sara E. Moss

Robert E. and Irma M. Nacht

Dr. Harry and Tobie Newman  
*Honor: Arnold and Sandra Gold*

New York Times Sports Department  
*Memory: Abe Rothberg*

Paul and Marlene Notari

David and Barbara November  
*Honor: Jonathan Aronson*

Dr. Michael and Gittel Novogroder  
*Honor: Birth of Rachel Fischman*

Mark and Ann O'Connell  
*Honor: Mark O'Connell, Jr.*

Mary and Kerry Orr  
*Memory: Robert M. Orr*

Theresa J. Orr

John K. and Yahui Olenik

Austin and Beverly Oppenheim  
*Honor: Ed and Eleanor Epstein's 50th Anniversary*

Mark and Debbie Oppenheimer

Susan Paerels

Prakash and Rashmi Panday

Bob Parnes

Michael and Carole Paulus

Dr. Steven and Kathleen Pavlakis

Gadi Peleg

Dr. Deane and Susan Penn

Dr. Leon and Florence Perahia

Paul and Andrea Peretz

Leatrice Perlman  
*Honor: Jonathan Aronson*

Itzhak and Toby Perlman

Noah and Stephanie Perlman

Susan Perry

Ilene Leopold Persoff

Marvin J. Pertzick Foundation

Michael and Anna Petrassi

Philip Morris Company

Diane Pitcairn  
*Memory: Michael Pitcairn*  
 Jay and Marsha Pincus  
*Honor: David Pincus*  
 Christopher and Maria Pitts  
 Joshua and Sharon Polan  
 Martin and Sandra Pollock  
 John and Michele Porta  
 Potterman, Rothschild and Feverstein  
*Memory: William J. McGorry*  
 Saul Radler  
 Ragrin Textile Company/Ginsberg  
 Murali Ramanthan  
 Dr. Melvin and Daryl Rand  
 Pearl M. Randall  
 Rachel Rapaport  
 Peter and Barbara Rauch  
*Honor: Jonathan Aronson*  
 Samantha Rick  
 Peter and Camille Rizzo  
 Riverdale Pediatrics  
*Honor: Drs. Arnold and Sandra Gold*  
 RJO, Inc.  
 Mark and Nancy Roberts  
 Andrea Robins  
 Daniel and Jill Roche  
 Gary and Karen Rose  
 Allen and Robin Rosen  
 Dr. Beth Rosen  
 Stephen D. and Penny Rosen  
 Alana Rosenberg  
 Murray and Kathryn Rosenblatt  
*Honor: Lawrence Schild's 98th Birthday*  
 Memory: Jodi and Harry Rosenblatt  
 Richard K. and Jane Rosenblum  
 Dr. Allan and Clare Rosenfield  
 Dr. Melvin and Phoebe Rosenwasser  
 Ellen M. Rosner  
 Henry and Beverly Ross  
*Memory: Theoda Goodman*  
*Honor: Beth and Eddie Ricci*  
 Stuart and Esther Roth  
*Memory: Shannon Geler*  
 Paul and Donna Rothchild  
*Honor: The Saltzer Family*  
 Michael and Jennifer Rothenberg  
*Memory: Elsie Hecht and Elissa Melamed*  
 Dr. Arthur and Marybeth Rothman  
*Honor: Jacob E. Rothman*  
 Phillip and Muriel Rothman  
 William and Janet Rothman  
 Dr. A. David Rothner  
*Honor: Dr. Arnold P. Gold*  
 Irving and Alice Rubin  
*Honor: Lenny and Syril Rubin's 50th Anniversary*  
 Meyer and Muriel Rubin  
*Memory: Ilene M. Rubin*  
 Frank and Alice Rubenstein  
 Belle Singer Russian  
 Steve and Lynn Sabatelli  
*Honor: Jonathan Aronson*  
 Howard Sadwith  
*Honor: Libby Sadwith*  
 Paul Saltzer  
*Honor: Sandra Gold's Birthday*  
 Zigmund and Lori Sandler  
 Bernice Santangelo  
 Dr. Selma G. Sapir  
*Memory: Robert Sapir*  
 Robert and Felice Satel  
*Memory: Max and Pauline Orenberg*  
 Joel and Lois Scheckner  
*Honor: Arnold P. Gold*  
 Brad and Shari Schenerman  
 Gabe and Sheila Schlisser  
 Matthew Schruben  
 Dr. Hermann and Diane Schubert

## Associates Committee Grows!

Co-chaired by Amelia Gold and Brian Benson, Foundation Trustee and first year medical student at Columbia P&S, the Associates have divided into two subcommittees: a medical students working group and an event planning committee.



Brian Benson and Amelia Gold,  
 Co-chairpersons of the Associates Committee.

The medical students group is seeking two representatives from each school of medicine and osteopathy in the New York metropolitan area. They hope to provide The Foundation with a medical student perspective and to help implement activities for students related to humanism in medicine at their respective schools. The event planning committee is pursuing many creative ideas through which to increase consciousness about the need for compassion in medicine, enlarge their network and raise funds to support Foundation programs.



Lynne and Charles Klatskin  
 (Foundation Trustee), long time friends and benefactors, recently hosted an exquisite and lovingly prepared gourmet feast in appreciation of the valuable leadership support provided by The Foundation's Golden Circle members.

Dr. John and Nancy Schullinger  
 Michael and Nanci Schwartz  
 David and Donna Schweid  
*Honor: Dr. Arnold P. Gold*  
 Leslie Seff  
 Thelma T. Selenfriend  
 Dr. Jay Selman and Patinka Kopec  
*Honor: Arnold and Sandra Gold and Lester Crystal*  
 Stephen and Elizabeth Shafer  
*Honor: Dr. Eric Marcus*  
 Michael and Renee Shamosh  
 Marc and Marla Shapses  
*Honor: Emmory Shapses*  
 Evan Shereck  
 George and Francisca Sherman  
 Leonard and Diane Sherman  
 Martin and Carolyn Shindler  
*Honor: Jake's 1st Birthday, Sandra Gold's Birthday*  
 Rei and Mary Shinozuka  
 Harvey and Lois Shipitofsky  
*Memory: Elsie Herman*  
 Mark and Amy Shirvan  
*Honor: Amelia Gold*  
 Charles and Susan Silberman  
 Cantor Kurt and Inge Silberman  
 Allan Silverstein Family Foundation  
 Anthony and Mary Sinacore  
*Memory: William J. McGorry*  
 Drs. Eugene and Blanche Skurnick  
*Memory: Olicia Jordan*  
 SLP Business Services  
*Memory: John Hall*  
 Charles and Krystina Slavik  
 John and Bernice Smith  
*Memory: Mary Kenney and Matthew Smith*  
 Roy and Lois Smith  
 T. Neil and Margo Smith  
 Leonard and Yuriko Solondz  
 Mina Song  
 Gregory and Barbara Sosonka  
 Ann Katrin Speiss  
 Geri and Lee Squire  
 Kenneth and Carmella Stahl  
 Bela Stein

Dan and Helene Sterling  
 Nancy Sternesky  
 Esther and Barbara Strassberg,  
 Riverdale Pediatrics  
*Memory: Milton Kutsher*  
 Dr. David and Sabrina Wolf Straus  
 Dr. Harvey and Carole Strauss  
*Honor: Arnold P. Gold*  
 Derek and Christie Stubbs  
 William and Randee Stypulkowski  
*Honor: Christopher Savage*  
 Michael and Kathleen Sullivan  
 Darlene Swanat  
*Memory: Katie Beth Zanetsky*  
 Ruth Swift  
*Honor: Frank Bernardo*  
 Irving and Roz Swire  
 Swiss Bank Corp.  
 Laszlo Szabo  
*Memory: Shannon Faynin*  
 Jeff and Samantha Szymanski  
 Ira S. and Shelley Taub  
*Honor: Sidney and Alex Taub*  
 Steven and Benay Taub  
 Herman J. Tauber  
*Honor: Herman Aronson*  
 Alexander and Karan Taylor  
 Temple Beth El of Northern Valley,  
 Hebrew School  
 Temple Emanuel Minyan Fund,  
 Cantor K. Silberman  
 Dr. Joseph and Marilou Tenenbaum  
*Honor: Dr. Edgar Leifer*  
 James and Candi Tramatola  
 Ronald and Louise Tuchman  
 Hugh and Julia Turk  
 Georgette S. Turley  
*Memory: William J. McGorry*  
 Floyd and Carol Turner  
 Neal and Sivya Twersky  
 Albert and Sydell Udelson  
*Honor: The Aronson Family*  
 Alexis Vassilakas  
 Dr. Mario Verna  
 Georgios and Angela Vouniseas  
 Robert Wade  
 Dr. Marc and Teresa Wager

Erin Walker  
 Robert and Michelle Walsh  
*Honor: Dr. Arnold P. Gold*  
 Caroline Ward  
 The Honorable Robert and Renee Ward  
 Craig Warkol  
 Allan and Brenda Warsaw  
 Felicia Warshawsky  
 Rachel Wasserstrom  
 Steven and Wanda Wasserstrom  
 Audrey Weiderlight  
 Mark and Leslie Weinberg  
 Bernard and Ruth Weinflash  
 Sherwin and Linda Weinstein  
 Dr. Myron Weisfeldt  
 David and Melissa Weisman  
 Gayle Weisman  
 Richard and Janice Weisman  
*Honor: Rebecca Kritzer's 90th Birthday*  
 Allan Weissglass  
*Memory: Marvin Weissglass*  
 Frank and Maureen Welton  
 Susan Eydenberg Westlake  
 Alex White  
 Carey White  
 John and Ruth Wilding  
*Memory: Edith E. Morton*  
 Dr. Robert R. and Susan Wolff  
*Honor: Michael Smith*  
 Woodridge Terrace Senior Citizens Club  
*Memory: William J. McGorry*  
 Seda Yalcinkaya  
 Heela Yang  
 Alan and Marilyn Zaretsky  
*Honor: Sara Zaretsky*  
 Natasha Zarrin  
 Murray Zeisel  
 Fran Ziegelheim  
*Honor: Roz and Bernie Mann*  
 Lowell and Joy Zimmer  
 Bernard and Barbara Zimmerman  
*Honor: Dora and Albert Graye Federov's 1st Wedding Anniversary*  
 Richard and Audrey Zinman  
 Merrill and Lisa Zoldan