



The Arnold P. Gold Foundation

Fostering Humanism in Medicine

Thanksgiving 2007

Did you notice our 20th anniversary logo in our masthead? With this issue of DOC, we are initiating a year of celebration. There are two things we want you to be the first to know about: 1) Near our "actual" birth date in October of 2008, we will gather to celebrate The Gold Foundation's phenomenal first 20 years; and 2) As you'll see in Jordan Cohen's message on Page 2, we are launching The Founders Legacy Endowment Campaign to ensure that we are able to continue Arnold Gold's visionary work in shaping generations of caring doctors.

After Son's White Coat Ceremony at Yale Medical School Prominent Oncologist, Lisa DeAngelis, Sends Us Kudos

Dr. Lisa DeAngelis, the neuro-oncologist who chairs the Department of Neurology at Memorial-Sloan Kettering Cancer Center, and her husband, cardiologist Peter Okin, recently attended their son Daniel's White Coat Ceremony at Yale University Medical School. Following the stirring initiation, Dr. DeAngelis wrote to Gold Foundation founder Dr. Arnold Gold to thank him for his pioneering role in humanizing medicine. Here is her letter:



Dr. Lisa DeAngelis, with her son, Daniel Okin, following his White Coat Ceremony at Yale Medical School.

Dear Dr. Gold,

Two weeks ago my family and I had the pleasure of attending my son's White Coat Ceremony at Yale where he is just beginning their MD-PhD program. It was such a moving experience for all of us that I wanted to write and thank you for the significant contribution you've made to medical education.

Your emphasis on humanism in medicine has affected the curriculum of every medical school.

At Yale the White Coat Ceremony is both literally and figuratively the students' initiation into the medical profession. I thought it was a fitting beginning, one I hope they will use as a touchstone throughout the often dehumanizing process of becoming a physician.

My son felt he was being welcomed into the medical community that will be his professional home for many decades. For my husband and I, both "older physicians" now, the ceremony was a reminder of the original aspirations and goals that led us to medicine years ago. It was a wonderful ceremony, beautifully handled.

Dr. Gold, I had the privilege of training with you during residency, and have always tried to emulate your thoughtful, compassionate approach to patients. Now, through the Arnold Gold Foundation all medical students can benefit from your wisdom. Thank you for elevating humanism to its rightful place in medical education and practice.

As I watch my son start out, I am so thrilled for him that science will be combined with (or should I say, tempered by) humanism. This represents a huge shift in medical education for which you deserve singular credit. Thank you for all you've done.

All the very best,

Lisa DeAngelis

Inside DOC

(Doctors of Compassion)

Message from the ChairmanPage 2

Humanism in Action.....Page 3

Financial OverviewPage 4

Greetings from the Chair



As you read on the cover of DOC, the Gold Foundation is gearing up to celebrate its 20th birthday - emerging, as it were, from its adolescence. And what an adolescence it's been! No other 20 year-old organization I know of can look back on its formative years with as much pride and satisfaction as The Gold Foundation.

Arnold and Sandra Gold, along with their devoted band of *Gold'n* pioneers, launched much more than a fledgling foundation in 1988; they launched a movement - a movement that is responding to a deep yearning, among physicians and the public alike, for medicine to strengthen its humanistic roots. Starting with the White Coat Ceremony - so beautifully captured in this issue by doctor-parent Lisa DeAngelis - is now celebrated in one form or another in virtually all medical schools in the country. The Foundation has, over its short life, inaugurated a wide variety of programs for medical

students, residents and faculty, all of which are designed to underscore the critical importance of the humanistic care of patients.

I see humanism as fueling the passion that animates authentic professionalism. So, if we wish to sustain the ethic of professionalism in the face of medicine's increasingly technological and commercial leanings, we must ensure that physicians now and in the future retain the strong humanistic instincts that motivated their choice of medicine as a calling in the first place.

A tall order, and there is much more work to be done. Far from resting on our adolescent laurels, we are committed to expanding the foundation's impact and have a host of ideas about how to do so. But ideas are a bargain; putting them into practice takes real money. The Gold Foundation has been blessed with many generous supporters over the years and we are enormously grateful to all of them. To get to the next level, however, we need to broaden and deepen our community of friends.

As a centerpiece of our 20th anniversary celebration, we are launching *The Founders Legacy Endowment Campaign* with a two-fold purpose: one, to honor the legacy of Arnold Gold, and two, to raise endowment funds to ensure the perpetuation of that legacy. I am extremely pleased to announce that our campaign is being co-chaired by two very distinguished individuals, Angelica Berrie, president of the Russell Berrie Foundation and former CEO of Russ Berrie & Company, and Donna Karan, world-renowned fashion designer and president of Karan Weiss Foundation and Urban Zen.

We will keep you posted about our anniversary plans through DOC and other mailings and we are counting on your help to make the Founders Legacy Campaign a legendary success.

Wishing you a happy Thanksgiving.

Jordan Cohen, MD

Meet the New Faces at the Gold Foundation

We welcome four new staff members -- talented and accomplished individuals whose experience, ideas and energy will help advance humanistic patient care.



Karen Secular, Director of Development. We met Karen through our benefactor Harold Grinspoon, who knows Karen

through her professional/volunteer activities in the Berkshires. There she directed development for Shakespeare & Co. during its move to a new property, its \$5 million capital campaign, and the building of its new theater. Her development experience includes work with Solomon Schechter Day School in

West Orange, NJ, the Berkshire Museum, and Jacob's Pillow Dance Festival.

Development is Karen's second career. She worked in healthcare management in Boston for 10 years - at Mount Auburn Hospital, Harvard Community Health Plan and Massachusetts General Hospital. In sharing her expertise with the Gold Foundation, she brings together her two professional interests, fund-raising/friend-raising and healthcare. Karen holds a BS degree from Cornell

University and an MBA from Boston University with a specialty in health-care management.



Helene Gardner, Development Assistant. Helene will assist Karen with donor communications and events. Her diverse work

background ranges from Wall Street, to the insurance business, to The Helen Hayes Theatre in Nyack, where she worked in donor relations.

(continued on page 4)

Humanism in Action

'Gold Doc' Awardee Praised for Human Approach

In his nomination, patient Joel Zarum praised Dr. Eric Lubiner as a "unique" and "dedicated" physician whose "loving and personal manner . . . has given me the courage to survive two years of intense chemotherapy and endure a series of setbacks. . . ."

Zarum wrote that Dr. Lubiner "is dedicated to his practice as many others in his field are, but his true care and concern for his patients place him far above the rest"

Although Zarum's leukemia has returned, he said the doctor's "words of support and his sensitive care and honest encouragement have lifted me from the fear and uncertainty of the future to being an optimist and knowing that with Dr. Lubiner's support, I stand a chance of returning to remission."

He added, "His human approach to his practice included a golden comment to me when I first went into remission " He said to me,



Florida oncologist Eric Lubiner with a patient.

"Joel, you make everything I do worthwhile. Those words stuck with my wife and me in understanding what a unique physician he is."

2007 Medical Student Grantees - Practicing What We Preach

Three recipients of The Gold Foundation's Shirley Gralla Student Fellowships reflect on their interactions with patients as they hone their skills serving communities here and abroad.

Jennifer Knoester
University of Michigan Medical School



Jennifer Knoester examines a young patient at the clinic she set up in Ecuador.

Jennifer spent summer '07 in southern Ecuador, establishing the first ever dental and vision clinics at the Quito Project Medical Clinic.

"I grappled first-hand with the difficulty of giving bad news to a patient.... I felt the spine of a baby in the belly of a 38-weeks pregnant woman and I was touched by the trust she placed in me. These experiences demonstrate that medicine is personal...without compassion for our patients' lives, without empathy for their pain, and without honest happiness for their joys, medicine is impersonal and unlikely to satisfy either the patient or the physician."

Monica Hannon
George Washington University Medical Center

Monica set up health education classes for employed homeless men in a D.C. shelter - and helped them run a health fair at summer's end.



Monica Hannon (center) with homeless men displaying their health ed certificates.

"I was able to develop a trusting relationship with many of the residents....I was able to focus on providing health information that was relevant to them. This experience helped me to understand the importance of viewing patients in their entirety.... being able to address the physical, emotional, and spiritual needs that are unique to a patient. To omit any one of these makes it less likely that the patient will achieve optimum health."

Katie Simon
Boston University Medical School



Katie gives Rwandan girl her monthly checkup.

Katie spent most of her eight months in Rwanda at a rural health clinic in Nyarubuye, site of a horrific 1994 massacre, where she worked with a team of 12 native nurses.

"My experience in Rwanda has broadened my understanding of the term health care. Giving medical care is not just about doing a physical exam and prescribing medicine. It's about understanding how patients are going to get home, when they are going to take their medicine, and what they are going eat in the morning. . . . All that has an enormous impact on their health."

Meet the New Faces...

(continued from page 2)



Lisa Podhayny, Program Assistant. A recent Magna Cum Laude graduate from Brandeis University, Lisa holds a B.A. in Health: Science, Society, and Policy, and a B.A. in Psychology. She developed a passion for working in the non-profit and public sectors as an undergraduate.



Harriet Turner, Gold Humanism Honor Society Program Associate. Harriet spent 13 years in AT&T's Legal Department, where her peers honored her with their prestigious Circle of Excellence Achievement Award. Previously, she worked in office management and client relations.

Window is Closing on Unique Chance to Make Charitable Contributions

The 2006 Pension Protection Act allows a limited-time opportunity to make charitable contributions directly from IRAs to qualified charitable organizations such as the Arnold P. Gold Foundation. Between now and December 31, 2007 you may still take advantage of this unique opportunity to support the Gold Foundation. The basics of these "Charitable IRA Rollovers" are:

- Individuals aged 70 and older may transfer up to \$100,000 per year directly from an IRA (traditional or Roth) to a qualified charity;
- The charitable distribution may be applied toward your annual Required Minimum Distribution;
- Even if you plan other charitable gifts that will fully utilize your allowable federal income tax charitable deduction (50% of your adjusted gross income for cash gifts to public charities), you can take advantage of this legislation.

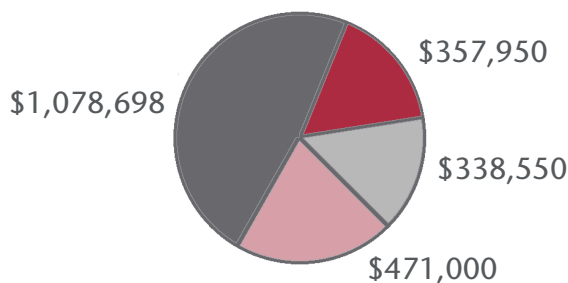
If you wish to make such a gift, please call Karen Secular at (201) 567-7999.

The Gold Foundation's Financial Overview

2006 Fiscal Year⁺

Where the Money Comes From

2006 Revenue = \$2,246,198

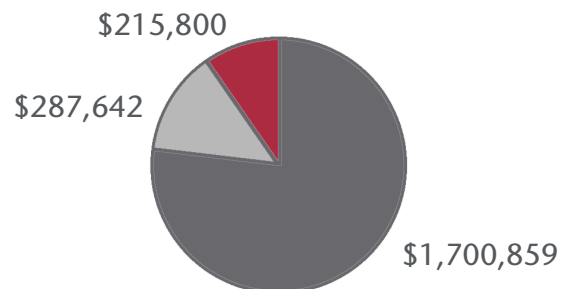


Donations
 Foundations
 Board Donations 100% participation
 Investment Income*

*Allowable income derived from endowment and other investments.

How the Money is Spent

2006 Expenses = \$2,204,301



Program Services
 Development/Fundraising
 Management & General

⁺ Most recent audited figures. A copy of the complete 2006 Financial Statements, audited by Weiser LLP is available upon request.

Gifts

President's Circle: \$100,000 and above
 Leader: \$50,000 - \$99,000
 Guardian: \$25,000 - \$49,000
 Patron: \$10,000 - \$24,999
 Benefactor: \$5,000 - \$9,999
 Sustainer: \$1,000 - \$4,999
 Advocate: \$500 - \$999
 Friend: Up to \$499

In Appreciation...Thanksgiving 2007 Donations Received from January 1 through October 31, 2007

The Arnold P. Gold Foundation is grateful to the hundreds of individuals and organizations that have made contributions to help us provide programs to more than 25,000 new and future doctors annually. Our programs, emphasizing the *care* in healthcare, are made possible by the generosity of those listed below. Every donation is an act of advocacy for improved patient care. On behalf of patients and their families, and on behalf of dedicated caregivers, we thank you for your generosity and participation.

LEADERS

Joyce and Irving Goldman
 Family Foundation -
 Dorian, Katja and Lloyd Goldman
 Gralla Family Philanthropic Fund -
 Shirley and Milton Gralla
 The Healthcare Foundation of New Jersey
 Kaplen Foundation -
 Margaret and Wilson Kaplen

GUARDIANS

Myron and Elaine Adler Private
 Foundation
 The Simms/Mann Family Foundation -
 Victoria Mann Simms
 Katja Goldman and Michael Sonnenfeldt

PATRONS

Christiana Care Health Services
 Harvey and Roberta Golub
 Charitable Fund
 William Lippman
 Page and Otto Marx Jr. Foundation -
 Jill and Joseph Levy
 Mellam Family Foundation
 Morris Family Foundation -
 Eileen and Robert Berkowitz
 JoAnn and Joseph Murphy
 Philanthropic Collaborative -
 George Mills
 Henry and Marilyn Taub Foundation
 Gary Tolchin and Tamar Tolchin
 Foundation
 Barry Waldorf
 Warshauer Foundation -
 Ruth Warshauer and
 Rabbi Lewis Warshauer

BENEFACTORS

Dr. Ronald and Marie Arky Charitable
 Trust
 Executive Leadership Institute -
 Jill Levy
 Everett Foundation -
 Edith Everett
 Kris and Marc Granetz
 The Grinberg Family Foundation -
 Lisa Grinberg and Family
 Harold Grinspoon Charitable Foundation -
 Diane Troderman and
 Harold Grinspoon
 Debra and Dr. George Heinrich
 Nancy and Jack Katz

Kravet Inc. -
 Lisa and Cary Kravet
 Herbert and Jeanne Mayer Foundation
 Partners Healthcare System -
 Francine Achbar and Dr. Stuart Mushlin
 Agnes Peace
 Hilda and Hershel Rich
 Alice and Dr. George Todd
 Joy Tomchin
 Stanley Tomchin
 Peter and Deborah Weinberg Family
 Foundation

SUSTAINERS

Nancy Adams
 Joan and Robert Arnow
 Nancy and Scott Barcelo
 Melanie Gaines Arwin and
 Bruce Baughman
 Pearl and Michael Bergstein
 Madge and Mandell Berman
 Myrna and Yale Block
 Helen and Dr. Murray Bromberg
 Nancy and Howard Brown
 Carole and Dr. Jordan J. Cohen
 Judith and Robert Cook
 Margaret and Brian DeGaray
 Janet and Dr. Joel DeLisa
 Frances and Robert Duffy
 Debra and Scott Edelman Family Fund
 Mitzi and Warren Eisenberg Family
 Foundation
 Laurel and Andrew Epstein
 Carl Epstein
 Eleanor and Edward Epstein
 Drs. Sandra and Arnold Gold
 Arlene and Arnold Goldstein Family
 Foundation
 Jamie Gorelick and Richard Waldhorn
 Karen and Todd Galinko
 Winnie and Dr. Steven Grinspoon
 Cindy and Dr. Fred Haruda
 Gay and Graham Jones
 June and Ralph Kafesjian
 Henry J. Kaiser Family Foundation -
 Dr. Allan Rosenfield
 Helen Kaplan
 Erin and Samuel Alexander Klatskin
 Harry Klein
 Korn Family Fund -
 Alissa and Steven Korn
 Lee and Murray Kushner
 Mary Anne and George Kwiatkowski

Dede and Michael Levitt
 Judith and Lester Lieberman
 Kay Ritta and Sheldon Liebowitz
 Lipkin Family Foundation -
 Linda and Gerald Lipkin
 Joan Sherman-Lisowski and John Lisowski
 Beth and Christopher Madison
 Theodora and Allan Mason
 Helen and William Mazer Foundation
 Microsoft Matching Gifts Program -
 Benjamin Newman
 H. Herbert Myers Memorial Foundation -
 Ruth and Philip Berman
 Benjamin Newman
 Nikki and Harry Nudelman
 Ann and Abe Oster Family Foundation
 David and Lucile Packard Foundation
 Barbara and Joel Packer
 Nancy Clair and Richard North Patterson
 Eleanor Pearlson
 Perlman Family Foundation -
 Jo-Ann Hassan and Martin Perlman
 Gene & Caren Pillet Charity Fund
 The Rand Group -
 Daryl and Dr. Melvin Rand
 Patty and Charles Ribakoff
 Charles I. Rosen Family Foundation -
 Rita Merendino
 Beverly and Michael Rosenbaum
 Liesa and Myron Rosner
 Alice Rubinstein
 Michael B. Rukin Charitable Foundation
 Sandy Family Foundation
 Marjorie and William Sandy
 Schonfeld Family Foundation -
 Sidney Schonfeld
 Donna and David Schweid
 Segal Family Foundation of The JCS -
 Francis and Kenneth Segal
 Pearl Seiden
 Sylvia & Stanley Shirvan

Charitable Foundation
 Lori and Matthew Sidman Fund
 Laura and Jeffrey Siegel
 Marilyn Einstein and Steven Sim
 Marjorie SIRRIDGE
 Cynthia Levine and Abe Steinberger
 Robin and Leigh Walters
 Anita and Norton Waltuch

ADVOCATES

M. S. Ackerman Family Fund
 Helene and Ady Berger Family
 Foundation
 Rachel and Charles Berkowitz
 Brook Fund, Inc -
 Susan and Julius Eisen
 Jacqueline Brunetti
 Ellen Kravet-Burke and Raymond Burke
 Linda and Bernard Chalfin
 Charitable Fund
 Ruth and Dr. Leonard Cole
 Alexis and Albert Cooperman
 Ann and Clive Cummis
 Virginia and Byron Danielson
 Cheryl and Edward Dauber
 Joyce and James Demetrakis
 Barbara and Dan Drench
 Philanthropic Fund
 Karen and Todd Eisenbud
 Sylvia and Seymour Fried
 Gayle and Mel Gerstein
 Rachel and Andrew Goldfarb
 Goldman, Sachs & Co
 David L. Greif Philanthropic Fund
 Marcia and Elliot Hanin
 June and Neil Haverly
 Hyman Family Charitable Foundation -
 Valerie and Dr. Allan Hyman
 Laurie and Dr. Paul Konowitz
 Utta and Larry Kravet
 La Puerta Del Sol East

Give the Gift of Caring

The gift of caring never goes out of style. No one can have too much of it. Help us assure that every patient has enough OR has as much as they need. If you haven't yet made your 2007 contribution, or if you can make an additional donation, we hope you'll give the gift of caring through the Arnold P. Gold Foundation.

Lehman Brothers U.S.
 The Herbert M. Levetown Gift Fund -
 Bernice and Herbert Levetown
 Levin/Fishbein, Sedran & Berman
 Lu Sheann Caterers
 Gail and Bernard Mandelbaum
 Patricia and James Manion
 Nina Kampler and Dr. Zvi Marans
 Dr. Cheryl and Joseph Marino
 David Mellins
 Monterey Fund -
 Bobbi and Robert Reitzes
 Linda and Stuart K. Nelson
 Owens Group Foundation
 Geri and Lester Pollack
 Family Foundation
 Amelia and Cory Perlstein
 Marcy and David Prokupek
 Bonnie and Dan Reiss
 Lucy and Larry Ricciardi
 Clare and Dr. Allan Rosenfield
 Jackie and Robert Ross
 Rebecca and Dr. David Rubin
 Joanna and Dr. David Sachar
 Kathy and Dr. Lewis Sandy
 Janice and Patrick Savage
 Carolyn and Martin Shindler
 Allan Silverstein Family Foundation
 Susan and Dwight Sippelle
 Sidney Slauson
 Lida Zeng Smith and Dr. Kirk Smith
 Ira and Shelley Taub Gift Fund
 Tiffany and Joseph Terranova
 The Threshold Group, LLC -
 Lee Miller
 Barbara and Dr. Harvey White
 Theresa and Howard Zimmerman

FRIENDS

Janet and Bruce Adler
 Dr. Allyson Agathis
 Adele Ajl
 Amy and David Albalah
 Mary and Dr. Jeffrey Allen
 Dr. Audrey Amdursky and Joseph Kartiganer
 Lucille Anlas
 Ava Grodner Annese and Carlo Annese
 Sally Arcoma Ardolino and
 Anthony Ardolino
 Drs. Louise and Wilfred Arnold
 Marilyn and Ronald Aronson
 Bonnie and Dr. Russell Asnes
 Fran and Dr. Ira Bash
 Doreen Beinart and Robert Brustein
 Nathaniel Benjamin
 Carol and Robert Bernstein
 Dini and Dr. Charles Bigajer
 Billig Foundation -
 Gail Billig
 Dr. Robert Blankfein
 Belle Bleifeld
 Cynthia and Dr. Conrad B. Blum
 Rebecca Sandler and Jeremy Boal
 Marie and Joseph Bologna
 Marianne and Michael Brown
 Marianne Burke
 Business Valuation Services -
 Arlyne and Morton Cohen
 Dr. Clara Callahan

Kevin Callans and Robert Yardley
 Deborah and Joshua Cappell
 Margaret and Joseph Carroll
 Miriam Chaplin
 Robyn and Richard Chwatt
 James Cimino
 Joanne Boutin-Clarke and Glenn Clarke
 Helen Schlossberg Cohen and
 Gilbert Cohen
 Arleen and Dr. Michael Cohen
 Dr. Ron Cohen
 Jane and Wayne Coleman
 Robert Corker
 Marilyn Daniels
 Carolyn Cohen and Alan Dershowitz
 John Devol
 Martha and Roy DeYoung
 Betsy and Raphael Dolce
 Dramelary Philanthropic Fund -
 Joyce and Neil Goldstein
 Yvonne and Dr. John Driscoll
 Gail Eagelfeld
 Sandra and Rabbi Joseph Ehrenkranz
 Dr. Lee Eisenberg
 Steven Emerson
 Robin and Steven Epstein
 Laura Falb
 Judith and David Falk
 Patricia and Nicholas Fasciano
 Catherine Fechner
 Judith and Stephen Feig
 Rella and Dr. Charles Feldman
 Drs. Leslie Nagy and Damon Fellman
 Veronica Fellman
 Ruth-Marie and Michael Fincher
 Vivian and Frank Fioridalis
 John Fitzpatrick
 Dianne Flagello
 Ellinor and Marvin Forland
 Marilyn Frankel
 Diana and Norman Freed
 Debra Freedman
 Judy and Ary Freilich
 Rhonda and Dr. Bruce Freund
 Carl and Sylvia Freyer Family Foundation
 Marilyn and Dr. Eugene Friedberg
 Katrin Van Dam and Anthony Fross
 W. Randall Fuchs
 Linda and Dr. Arthur Gabriel
 Gagliano Appraisal
 Kelly and Robert Galvin
 Joan and Richard Gargiulo
 Melissa Geiger
 Phyllis and Stephen Gensinger
 Susan and Bruce Gilson
 Barry Gold
 Jill and Dr. Lee Goldman
 Pearl and Sol Goldman
 Eleanor Goldstein
 Eliezer Goldstein
 Hope and David Goodman
 Sharon and Sidney Granetz
 Mildred and Seymour Graye
 Patricia Greenky
 Lisa and Dr. Seth Greenky
 Rebecca Sullivan and Stephen Greenwald
 Nanette and Irvin Grief, Jr.
 Susan and Richard Greiner

In Gratitude for Gifts That Keep on Giving

The Gold Foundation is grateful for the following endowments or named funds which have been established to honor a loved one and to sustain our signature programs.

The Kenneth Adler Memorial Fund - Janet and Bruce Adler
 Jonathan Efram Aronson Memorial Clown Scholarships Fund
 The Joy and Howard Berlin Fund
 The Gold Humanism Honor Society Founders -
 Anonymous (GHHS Founders Fund)
 The Russell Berrie Foundation
 The Robert Wood Johnson Foundation
 Dr. Norbert Goldenberg Ethics Night - Eva and Leo Gans
 The Ariana Sue Kravet Memorial Fund
 The Carole and Debra Ledeen Fund for Student Grants
 The William J. McGorry Memorial Fund
 The Pauline and Max Orenberg Memorial Fund
 The Sheila, Ronnie and Stephen Penchansky Memorial Fund
 The Rosalind Pink Memorial Fund -
 Debbie and Donald Aronson
 The Leonard Tow Humanism in Medicine Awards
 The Tow Foundation - Claire and Len Tow
 The Hilde Schonfeld Memorial Fund
 The Helen and Fred Waldorf Memorial Fund - Barry Waldorf

Grohman Family Fund -
 Donna and Michael Grohman
 Regina and Dr. Peter Gross
 Shirley and Alan Gurwich
 Annie and Dr. Joseph Haddad
 Judith and Howard Halpern
 Hon and George Hantgan
 Dr. Edward Hart
 Constance Forchheimer Heller and
 Mark Heller
 Martha and Rudy Herzog
 Joye and Alan Hirsch
 Constance and Jack Hochberg
 Alice and Dr. Saul Hoffman
 Jennifer Hoffman
 Robin Goldfischer Hollander and
 Paul Hollander
 Eva Holzer
 Vivian Holzer
 Jennifer and David L. Horowitz
 Marion and Dr. Edgar M. Housepian
 Stewart M. Hutt
 IBM Corporation -
 Marc Formanlf Hummingbird
 Foundation -
 Jill and Kenneth Iscol
 Ruth and Alan Jacobs
 Janet and Stephen Jaraczewski
 Jefferies & Company, Inc.
 Joyce and Arthur Joseph
 Marion and Vincent Juliano
 Robin Abeshaus and Stephen Kalm
 Simon Kaminetsky
 Daniel Kane
 Roberta and Kenneth Kaplan

Barbara and Roy Kaplan
 Anna Karras-Fagan
 Stephanie and David Karsten
 Dr. Leonard and Judith Katz
 Philanthropic Fund
 Sharyn and Charles Kaufman
 Dr. Surendra Kaul
 Jocelyn Kenner
 Dr. Rebekah Kim
 Laura Klein
 Mildred and Sanford Kluger
 Patricia Glowa and Donald Kollish
 Dr. Dina and Barry Kornblau
 Ann Falsey and David Korones
 Norma Wellington Koster and
 Bernard Koster
 Ginette and Alvin Kravet
 Kreitchman Family Foundation -
 Lilyan Kreitchman
 Rita Krell
 Barbara and Dr. Leonard Lawrence
 Pearl Randall and Seymour Lehrhoff
 Ilene Leopold-Persoff
 Terry and Marvin Lerman
 Sherlynn and Gary LeRoy
 Beth and Allen Levithan
 Jane Berkley Levitt and James Levitt
 Miriam Levy
 Ellen and Russell Lewis
 Dr. Joan and Lawrence Liman
 Denise Lombardi
 Mona and David London
 Gay and Charles Lord
 Brenda Lowenberg
 Marc Lowenberg

Elaine and Dr. Alvin Lubiner
 Marcia and Jay Lurch
 Joan and John MacKay
 Liz Regula and Seth Malkin
 Judy and Harvey Marcus
 Sue Marcus
 Alda E. Margie Fund
 Andrea and Henry McCafferty
 The Paul R. Mendelsohn Fund
 Dr. Lois Mendelson
 Anna Stein and Neal Merker
 Karen Beth Rothstein and
 Joseph Lewis Meyer
 Carey and Jonathan Miller
 Leona and Marvin Miller
 Eileen and Ethan Miller
 Lenore and Louis Miller
 Temple Emanu-El Minjan Fund -
 Cantor Kurt Silbermann
 Susan and Allen Minker
 Carol Mitchell
 Brenda Kohn and Dr. Walter Molofsky
 Fran and Abe Morgenstern
 Selina Morris
 Sandra Divack Moss and Dr. Daniel Moss
 Peter Moyer
 Marilyn Chau and Leonard Navroth
 Ingeborg Nebel and Hans Nebel
 Sam Negin
 Tobie and Dr. Harry Newman
 Concetta and James Norris
 Yahui and John Olenik
 Oracle Corporation -
 Raphael Dolce, Jr.
 Mary Orr
 Dr. Michael Painter
 Dr. Nereida Parada
 Linda and Robert Parnes
 Alexandra and Dr. Steven Pavlakis
 Lori Penchansky
 Florence and Dr. Leon Perahia
 Andrea and Paul Peretz

Alice Philibosian
 Lia and William Poorvu
 Cliff and Kimberly Pozner
 Allan Preziosi
 Soula Priovolos
 Anne Proulx and Scott Baird
 Vicki and Dr. Leslie Prusnofsky
 Stephan Quentzel
 Rachel Rapaport
 Andrea Rich
 Thelma and Gary Rifkin
 Dorothy and Eric Roffman
 Paul Rogers
 Deborah and Rodger Rohde
 Barbara Bennett-Rones and Gary Rones
 Penny and Stephen Rosen
 Drs. Dorothy and Alvin Rosenfeld
 Philanthropic Fund
 Beverly and Henry Ross
 Raquel Ross
 Lillian Stepic and Jeffrey Rotenberg
 Muriel and Philip Rothman
 Paula and Paul Rovinsky
 Jeanne and Burt Rubin
 Muriel and Meyer Rubin
 Sharon and Edward Sable
 Sadinoff Family Foundation -
 Trudy and Sy Sadinoff
 Elizabeth Sadwith
 Linda and John Saia
 Susanne and Dr. Laurence Savett
 Roslyn Schlansky
 Phyllis and Herbert Schloss
 Judith and Barry Schneider
 Nancy and Dr. John Schullinger
 Robyn Schwartz
 Rivkah and Nathan Schwed
 Jeremy Selman
 Patinka Kopec-Selman and Dr. Jay Selman
 Brenda and Armen Shahinian
 Tom Shapiro and Emily Kline
 Charitable Fund

In Honor Of...

Elaine Adler Judy Aronson Herman Aronson Nancy Barcelo Gil Bassin Noah Benson Jeffrey N. Bruce Shobhana Chaudhari Boaz E. Dauber Steven Eagle Francis G. Fiordalisi Dr. Arnold P. Gold Dr. Sandra O. Gold Stanley Gotlin	Millie Graye Seymour Graye Patricia C. Greenky Lennard B. Grodner Steven Herschman Carey Kravet Dr. Linda Lewis Lisa Kravet Andrea Lurch Dr. Robert Mellins Dr. Neil Mitnick Selina Morris William Oppenheim Eugene Parciasepe	Marc L. Penchansky Dr. Freya Schnabel Sidney Schonfeld Maggie Gold Seelig Jonathan Seelig Kristen Kaplan Soos Daniel Tuchman Rose Varon Barry C. Waldorf Therese Yarish Fran Young James Young Sandy Zingler
---	---	--

In Memory Of...

John Acciardi Kenneth Adler Jonathan Aronson Russell Berrie Joseph Brooks Claudia Cohen Harvey Colten Irving Falb Nicolas Flagello Lena Glassman Thelma Hurwitz Mitzi Kafesjian Mary Kenney Alfred Koster Ariana Sue Kravet	Catherine Lien John Liscio Hannah Mandelbaum Brian McCafferty Vincent Merendino Alexandra Micsunescu- Greene Belle Molofsky Martha Moses Robert Mulliken Christopher Murphy James D. Nappoli Pauline Nappoli Robert Orr Sheila Penchansky	Art Rotman Sam Rovel Ilene Rubin Leonard Rubin Eleanore Rukin Belle Singer Russian William Saklowsky Harry Saunders Abe Sharken William T. Sirridge Margie Smith Matthew Smith William Strafford Joe Trout Sue and Jack Zeitler
---	---	---

Andrea Shattner Sider Road Media - Joslyn Greenky and Eric Herz Celia and Martin Siegel Dr. Clifford Simon Mary Ann and Ted Simon Leslie and Richard Slavin Drs. Sandra and Samuel Slipp Bernice Slotnick Bernice and John Smith Diana and Peter Stanish Chaya Stein Suzanne Rose and Rabbi Kenneth Stone Moses Sternlieb Revocable Trust Carole and Dr. Harvey Strauss Sadako Sakashita and John Stroehlein Ann and Vincent Sturiale Barbara and Daniel Sugarman Sunnybrook Consulting - Hank Citron Blanche and Dennis Tait Adele and Ronald Tauber Yvette and Louis Tekel Marilou Faith and Dr. Joseph Tenenbaum Louise and Ronald Tuchman Sivya and Neal Twersky Unilever - J. Amanda Sourry Maureen and Anthony Vanniel Lynne and Thomas Viti	Robert Wade Miriam Walter Myrna and Larry Wasserman Gilberte and Donald Wayne David Wecht Linda Cornell Weinstein and Sherwin Weinstein Ellen and Rabbi Peter Weintraub Linda and Dr. Myron Weisfeldt Melissa and David Weisman Weissglass Charitable Trust - Bobbi and Allan Weissglass Jane and Jeffrey Welton Rebecca and Dr. Lorin Whittaker Caaron and Jonathan Willinger Deborah Winokur Arnee and Walter Winshall Inge and Paul Wolff Susan and Dr. Robert Wolff Francine Wolkstein Gail and Morris Yamner Marilyn and Alan Zaretsky Sheila and Philip Zaslower Dina and Paul Zel Zaneta and Allen Zelon Joy Zimmer Barbara and Bernard Zimmerman Grace Zimmerman Melanie and Barry Zingler Sheldon Zorfaz
---	--

Innovative Donation Helps Humanize Medicine



Arnold and Sandra Gold with newlywed Colleen Duffy and her mom, Frances. In lieu of wedding party favors, Colleen and her family sent a generous contribution to The Gold Foundation.

Photo courtesy of Anthony Messina, LewMax Photography & Music



The Arnold P. Gold Foundation, Inc.
 Tel. (201)567-7999; Fax (201)567-7880
 email: goldfdtn@gold-foundation.org
 website: www.humanism-in-medicine.org

Board of Trustees

Jordan J. Cohen, MD, Chairman
 Sandra O. Gold, EdD, President/CEO
 Norman Seiden, Vice Pres.
 Myron Rosner, Esq., Secretary
 Jeffrey L. Saltzer, CPA, Treasurer

Elaine Adler	Herbert R. Mayer
Diana Barrett, PhD	Robert B. Mellins, MD
Brian E. Benson, MD	Robert O. Owens
Robert M. Berkowitz	John W. Rowe, MD
Arnold P. Gold, MD <i>Chairman Emeritus</i>	Jonathan D. Seelig
Barbara Golub	Mark Seiden
Linda D. Lewis, MD	Samuel Silverstein, MD
William J. Lippman	Victoria Mann Simms, PhD
Marsha Levine, PhD	Michael Sonnenfeldt
Reed V. Tuckson, MD	Barry C. Waldorf, Esq.

Ira H. Lustgarten, Esq., David E. Rogers, MD
Deceased

Medical and Professional Advisory Council

Norma E. Wagoner, PhD, Chair

Herman Aronson	Brett Harris, Esq.
RADM Susan J.	Sherwin B. Nuland, MD
Blumenthal, MD, MPA	William J. Peace, PhD
Benjamin S. Carson, MD	Rachel Naomi Remen, MD
Rita Charon, MD, PhD	Steven A. Schroeder, MD
Carl Epstein	Kenneth I. Shine, MD
Ruth L. Fischbach, PhD	David T. Stern, MD, PhD
Steven K. Grinspoon, MD	John Stone, MD
Jerome E. Groopman, MD	J. Robert Suriano, PhD
Daniel T. Williams, MD	

John H. Peace
Deceased

Staff

Barbara Packer, MS Managing Director	Karen Secular, MBA Director of Development
Ann G. Bruder, MA Director of Programs	Helene Gardner Development Assistant
Allison Sole, MA Program Officer	Harriet Turner Program Assistant
Lisa M. Podhayny, BA Program Assistant	Gold Humanism Honor Society
	Mary Meehan* Bookkeeper (Pro Bono)

*part-time

A Wealth of Teaching Strategies on Display at the Gold Foundation Meeting in Chicago

Two days filled with discussions and reflection when 102 educators representing 51 medical schools and affiliated organizations from across the United States, Canada and the United Kingdom, gathered at the Gold Foundation’s symposium, “How we are teaching humanism and what’s working?” Participants presented their programs and shared successful strategies for inculcating humanism throughout the medical education spectrum. A sample of the presentations:

- In *Breathing for a Living*, Dr. Lyuba Konopasek of Weill Cornell Medical College drew on the life and work of Laura Rothenberg, a young woman living with cystic fibrosis, as an example of how to teach students about patient-centered care for chronically ill patients.
- In his presentation *The Mindful Brain*, Massachusetts General Hospital’s Dr. Eugene Beresin spoke about the role of mindfulness in the development of professionalism and compassionate care.
- Dr. Alan Bleakley of Great Britain’s Peninsula College of Medicine and Dentistry discussed how integrating the arts into the medical school program at his institution is promoting humanistic care in his talk, *Toward an Aesthetic Medicine*.

The spirit of the symposium was uplifting and thought-provoking. As one medical student and one faculty member shared:

“As a medical student, I felt very welcomed and that my contributions were valued. I met many people who embody the kind of physician I aim to be.....This was quite invigorating.”

“The best meeting of this type that I have attended in 5+ years. The most important aspect for me was the opportunity to meet and discuss approaches and strategies among like-minded individuals.”

Participants left feeling rejuvenated and bursting with new ideas.

The Gold Foundation Counts

The Foundation elevates the importance of the *care* in healthcare. Some of our 2007 year-to-date awards and grants include:

- 1,457 newly inducted members of The Gold Humanism Honor Society
- 254 Humanism & Excellence in Teaching Awards; and
- 132 grants to students, faculty and medical schools.

The Arnold P. Gold Foundation

619 PALISADE AVENUE, ENGLEWOOD CLIFFS, NJ 07632



*To preserve the “care” in healthcare,
 please contribute to
 The Arnold P. Gold Foundation.*